

Notice Of 2019 Annual Meeting

The Town & River Civic Association annual meeting will be held on Thursday, Jan. 17 in the Fellowship Hall of the Cypress Lake United Methodist Church, 8570 Cypress Lake Drive, Fort Myers. Voter registration will be from 6:30 until 7 p.m. The meeting will come to order at 7 p.m. The purpose of the annual meeting is to elect directors and other such business as may lawfully be conducted. In accordance with the Bylaws, the agenda is as follows:



1. Certification of Quorum
2. Reading of the minutes of the January 25, 2018 annual meeting
3. Treasurer's Report
4. Committee Reports
5. Old Business
 - Rental policy update

6. New Business
 - Your Association 2018 in Review
 - Your Association 2019 Plans
 - Approve dues increase from \$60 to \$120-action
7. Election of Directors [the Nominating Committee of the Board will present a slate of Directors for vacant positions to be voted on. Nominations may be made from the floor, in which case a tabulation of ballots is required]
8. Adjournment

All meetings of the Association are conducted in accordance with "Roberts Rules of Order." Each property owner in Town & River Estates whose dues are paid is entitled to vote. Members whose dues are not paid shall not be entitled to vote. If a member who has not paid 2018 dues wishes to vote at the 2019 annual meeting, the member may pay their \$60 dues before the annual meeting begins at 7 p.m. Dues invoices for 2019 will be

mailed to all Town & River addresses after the annual meeting.

If you are unable to attend the meeting, a proxy form will be included in the annual meeting mailing to all Town & River addresses. A quorum of Association members must be present to conduct business. A quorum is at least 25 members in good standing (who have paid dues) who are present in person or by proxy. It is, therefore, important that you either attend the annual meeting or submit your proxy. For your proxy to count, it must be in the Association's P.O. Box by 5 p.m. Jan. 16, 2019. You will receive a pre-addressed envelope in which to mail your proxy:

Town & River Civic Association Inc., P.O. Box 07073, Fort Myers, FL 33919

Thank you for your support of the Town & River Civic Association, and for exercising your right to vote.
Mark Generales, President, Town & River Civic Association Inc.

Town & River Cruise Club

Matanzas Inn Luncheon

By Cecilia Bourdon
Photos: Edward Bourdon

The second social event of the boating season for the Town & River Cruise Club took place on Saturday, Nov. 17. Many boaters experienced a smooth ride under sunny skies to attend this event hosted by Cecilia and Edward Bourdon.

A great group of members gathered at the Matanzas Inn for a terrific view of San Carlos Bay, a wonderful lunch, and great conversation. Prizes, provided by the hosts, were given



Boaters docking at Matanzas Inn



Cocktails and conversation

to boaters who successfully completed a boating related word search. A short business meeting was conducted and Ken Beebe announced that the annual boat parade will take place on Dec. 15. All residents of Town & River are encouraged to decorate their docks and boaters in the community are invited to join the parade. The parade will culminate at the Condo Clubhouse for a Christmas gathering with entertainment provided by Grant Warner.



Friendly greetings

Town & River Cruise Club on page 4

Board Of Directors Meeting Minutes [Unapproved]

Thursday, November 8, 2018

Call To Order

President Mark Generales called the meeting to order at 6:30 p.m. at South Pointe South Clubhouse.

Officers & Directors Present

Present: Directors Marge Byrne, Kay Gloris, Myriam Lentz, Martha Smith & Terry Brady. Vice President Gary Hudson, Secretary Renee Notes, Treasurer Kevin Welch & Executive Secretary Sally Stigler.

Absent: Director Rick Ginsburg.

Introduction – Mark Generales - Meeting Overview & Board Achievements with Future Goals

To attempt to avoid problems for owners and contractors, Mark recommended a letter be sent to general contractors like the letter sent to dock contractors. The letter would advise/remind contractors to comply with the deeds of restriction and seek approval for projects.

Approval Of Minutes – October 11, 2018 board minutes were approved by motion.

Architectural Review & Deed of Restrictions (DOR) - Gary Hudson

Gary reported an already built dock on Sand Spur Lane is not in compliance with the DOR as it extends 2 feet into the required 12.5' side setback for ARCDOR. Actions to have the owner bring it into compliance are in process. There is also a not-in-compliance dock on Bal Isle which was referred this year to the association's attorney.

It was also noted one property has two Open House signs as well as a For Sale sign in the yard. Depending on the DOR, there are quantity and/or size limits to signage. The current Violation List was reviewed.

Rental Proposal – Mark Generales

The Association Attorney will record the rental amendments for ARCDOR, Unit 6, and Unit 11 with Lee County. The amendments will be effective 12 months after recording date.

DOR Consolidation – Mark Generales

Mark spoke to the association attorney regarding this subject, & he recommends Unit 6 & Unit 11 be consolidated into the ARCDOR.

Treasurer's Report – Kevin Welch

Due to staff changes at the association's CPA firm, October financial statements are not yet ready.

Committee Reports

Lake Committee – Renee Notes

Renee has contacted the water quality contact person at Solitude Lake Management (formerly Lake Masters). She is waiting for a call back from the equipment contact person.

New Business

Rental Enforcement Procedure

Marge Byrne, Terry Brady & Mark Generales will collaborate & compile a procedure for enforcement of rental

Board Of Directors on page 4

Check out our new website
www.townandriverfl.com
The Board Meets on the
Second Thursday of Each Month at 6:30 p.m.
Contact your Area Representative for location.
See minutes above.

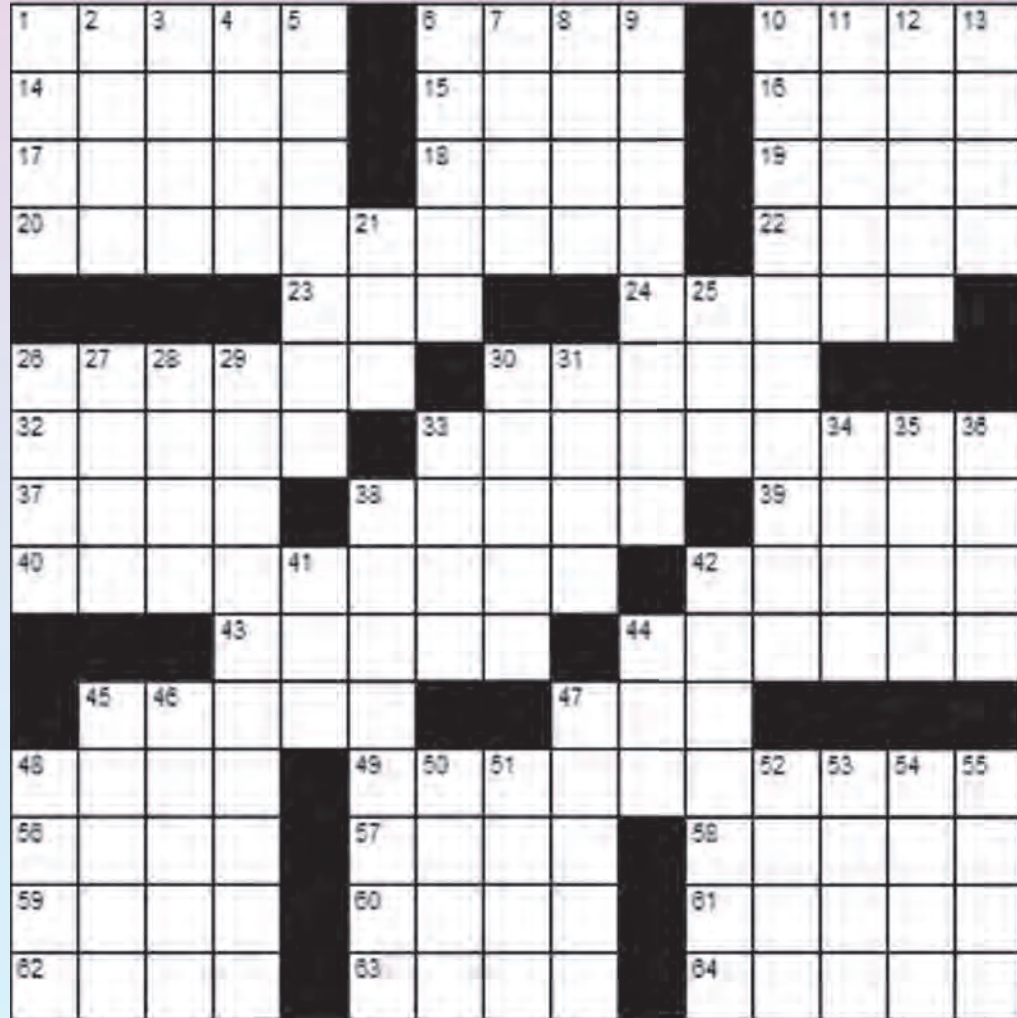
Crossword Puzzle

Across

- 1. Rehabilitation
- 6. Run away
- 10. Couch
- 14. Overact
- 15. Forsaken

- 16. Atop
- 17. Eyeshade
- 18. Parental sister
- 19. A box or chest
- 20. Daughter of a step-parent
- 22. Swear
- 23. Antlered animal

- 24. Colonic
- 26. Land
- 30. Sharp blows
- 32. Exclamation expressive of regret
- 33. Hangman
- 37. After-bath powder
- 38. Dons
- 39. Notability
- 40. Tolerably
- 42. Oddity
- 43. Thaws
- 44. A European peninsula
- 45. Gutsiness
- 47. Very important person
- 48. Jail (British)
- 49. Not oriental
- 56. Killer whale
- 57. Relating to urine
- 58. France's longest river
- 59. Rhythm
- 60. French for "Head"
- 61. An independent film company
- 62. Small island
- 63. Views
- 64. Requires



Down

- 1. Guns an engine
- 2. Send forth
- 3. A flexible pipe
- 4. At the peak of
- 5. Frenzied
- 6. Vacuum bottle
- 7. Boor
- 8. Sea eagle
- 9. Beseeches
- 10. Prospering
- 11. Codeine source
- 12. Civet-like mammal

- 13. Picnic insects
- 21. Type
- 25. Greatest possible
- 26. Rendezvous
- 27. Distinctive flair
- 28. Hairless
- 29. Fund
- 30. Aquatic mammals
- 31. Cautious
- 33. Liability
- 34. Assign a grade
- 35. Dogfish
- 36. A noble gas
- 38. Strikes
- 41. Record (abbrev.)
- 42. Very small northern fish
- 44. Offer
- 45. Peels
- 46. Neighborhood
- 47. Transgressions
- 48. Mongolian desert
- 50. Algonquian Indian
- 51. Give as an example
- 52. Not a single one
- 53. It ebbs and flows
- 54. Desiccated
- 55. Dregs

Crossword Solution on page 6

Do The Right Thing

Do you know a child who deserves to be honored as an outstanding citizen or student for his or her exemplary behavior, good citizenship, positive attitude or willingness to help others?



If so, the Lee County Sheriff's Office encourages you to nominate a child for recognition in our monthly Do the Right Thing program.

Nomination forms are available online at www.sheriffleefl.org. For more information, call Program Director John McGraw at 258-3295 or email jmcgraw@sheriffleefl.org.

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Word Scramble Winter

By Ellie Neal

- Onsw
- Cciile
- Zerfee
- Skbaeltn
- Vloshe
- Gsnkiat
- Tstenim
- Dsgldnei
- Wlpo
- Cllacnesonita
- Nswmnao
- Dgonur gho

Word Scramble Solution on page 6

Sudoku Puzzle

	8		5		7		6	
		5						
7	2	3		1		8		
	7			9				6
	5	4	6		3	9	7	
8				5				2
		7		4		6	8	2
						4		
	4		2		1		5	

Sudoku Puzzle Solution on page 6

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- Many artists not frequently seen in Southwest Florida



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Opening Night Festivities



ArtFestFortMyers.com

Catch The Action

January On The Water

By Capt. Bill Russell

Happy New Year and I hope you are ready for some Southwest Florida winter fishing. January is generally our coolest month and our water temperature will be the lowest of the year. Of course, cool fronts only last a day or two, then it's back to sunny mild days. There should be plenty of great opportunities on the water this month.

Our primary inshore targets this month are redfish, sea trout, sheepsheads, and pompano. The first two, redfish and trout, love small baitfish, but feed heavily on shrimp through the winter, while sheepsheads and pompano are crustacean eaters. Sheepsheads and pompano will chow on shrimp, small crabs, and even oysters or barnacles, but will not touch a baitfish no matter how enticing the presentation.

Now is the time to scale down your tackle, with the terminal gear at the top of the list. It's likely you may catch any of these given species at any time, redfish and trout have a larger mouth and are known to inhale excessively live baits. Sheepsheads and pompano on the other hand, have a small mouth and the proper gear is critical for success. Not to mention a large sheepshead has a mouth full of teeth that would keep a dentist busy for a while. For terminal tackle (the rigging from the main line to the hook) the smaller or lighter, the better. I generally go with 1/0 Owner circle hook or a light jig head.

For leader, fluorocarbon is the way to go. Yes, it's expensive, but when you add up all the time and money tied up in a day of fishing it's worth the extra expense. Generally, the



cooler months give our water the highest clarity; fluorocarbon is necessary because it is pretty much invisible under water. Skip a swivel and tie two to three feet of 12- to 20-pound leader direct to your main line for the best results, using less terminal tackle (think less is more when rigging). There are many knots, but a double uni-knot is great for attaching the leader, and if you just learn the uni-knot you can pretty much use it for everything.

On the terminal rig, all that's left is the weight, keep in mind, less is more when attaching sinkers or weights. Often you will not need anything more than a split-shot. You do not need an anchor, just enough weight to keep the bait in the target zone. Seldom do I use more than a split-shot or a light egg sinker, the current and depth will dictate the weight. Obviously if you are fishing a deeper area with strong tide

flow like the Gulf Passes, you will need to adjust the weights accordingly, but your best results will come while using as light a weight as it takes to get the job done.

Sheepsheads and pompano spend most of their time feeding off the bottom, you want to keep the bait on bottom or as near as possible. Sheepsheads are notorious bait thieves, it takes a while to feel the subtle tap, that's the reason for as light as rigging as possible, to help feel the bite. Oldtimers say the best way to consistently hook sheepsheads is to set the hook just before you feel the tap, good luck with that! You will increase your chances by using a portion of a larger shrimp or rigging a smaller shrimp with as much meat as possible threaded onto the hook shank. Again, with the amount of bait on the hook, less is often more for this type of fishing.

Our inshore water temperature may drop 10 to 15 degrees in less than 24 hours when a cold front drops down. While this drop in temperature slows down the bite for many of our fish, sheepsheads are the exception. They thrive in the cooler weather and will give us some of our best fishing of the month. They are hard fighting, excellent on the table, and should be around in good numbers. We will be targeting them, I hope you get a chance to as well.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, phone: (239) 283-7960, website: www.fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 22 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



Rethink Waste 'We Are Overflowing'

ArtFest Fort Myers is harnessing the power of art to increase awareness and challenge behavior inspiring recycle, reuse, upcycling movement and conserving our natural resources. This creative look at how we deal with recycling will spark your imagination and, perhaps, begin a conversation about rethinking waste!

All-new in 2019, ArtFest is launching the collaborative project We Are Overflowing, a national juried exhibit of art crafted from repurposed, discarded and cast-off materials. Professional artist, Donald Gialanella, is traveling to Fort Myers from St. Petersburg, Fla. to create "Dumpster Diving," made entirely of single use recycled plastic. Amplifying the We Are Overflowing message, middle school students are also creating eight smaller sculptures made from 100 percent recycled materials and will be competing for awards.

We Are Overflowing, on display in the center of the art festival at the intersection of Hendry Street and Edwards Drive, is sponsored by Covanta and supported by Lee County Solid Waste. In December 1994, Covanta Lee Inc. became a public-private partnership with Lee County, operating the Lee County Solid Waste Resource Recovery Facility. Covanta's commitment to sustainability comes with



Donald Gialanella with one of his abandoned objects sculptures



a commitment to programs that support the environmental issues – like fresh air, clean water and safe oceans. These are issues that affect people, communities and the precious home we all share, Earth.

Art Under 20, the high school exhibit and competition at ArtFest, has also created a Recycle Art category this season. As with We Are Overflowing, student artists must use all recycled materials in the creation of their artwork. The inspiration for this new category for student artists came from the Fewster Family who sponsors several awards at Art Under 20.

ArtFest Fort Myers, Southwest Florida's premier art festival, takes place Feb. 1, 2 and 3 in the Fort Myers River District. Join the experience with 200 professional artists from across the county and around the world; the largest high school art exhibit and competition in south Florida and free interactive art experiences for children of all ages.

What: Southwest Florida's premier art festival featuring 210 national artists, high school art competition, street chalk art competition, children's art activities, fine food and entertainment
When: Feb. 2 and 3, Saturday and Sunday, 10 a.m. to 5 p.m.
 Friday, Feb. 1, opening night, 6 to 9 p.m.
Where: Downtown Fort Myers River District on Edwards Drive
Cost: Free general admission
Parking: Look for bright event parking signs and flags. Trolleys available from remote lots. Parking lots adjacent to festival, street parking and city garages are open.

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Dec. 29 - Feb. 9, 2019

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Feb. 14 - Mar. 30

Guys and Dolls

The story of the unlikely romance between Miss Sarah Brown, a pure-at-heart urban missionary, and a slick Broadway gambler, Sky Masterson. The show's second romantic storyline involves Nathan Detroit, the consummate gambling man and the operator of "The World's Largest Floating Crap Game," and Miss Adelaide, the main attraction at the Hot Box nightclub, who have been engaged for fourteen years. Frank Loesser's score features classic songs such as *Luck Be a Lady*, *I've Never Been in Love Before*, *Sue Me*, *A Bushel and a Peck* and the wonderful title song *Guys and Dolls*.

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Prep Time: 15 minutes

Cook Time: 3 hours 30 minutes

An authentic recipe that takes two days

Ready In: 11 hours 45 minutes

Servings: 10

Ingredients:

2 pounds lean ground beef
1 quart water, or amount to cover
2 onions, finely chopped
1 (15-ounce) can tomato sauce
2 tablespoons vinegar
2 teaspoons Worcestershire sauce
4 cloves garlic, minced

1/2 (1-ounce)
square unsweetened
chocolate
1/4 cup chili powder
1 1/2 teaspoons salt
1 teaspoon ground cumin
1 teaspoon ground
cinnamon
1/2 teaspoon ground
cayenne pepper
5 whole cloves
5 whole allspice berries
1 bay leaf



Directions:

1. Place the ground beef in a large pan, cover with about 1 quart of cold water, and bring to a boil, stirring and breaking up the beef with a fork to a fine texture. Slowly boil until the meat is thoroughly cooked, about 30 minutes, then remove from heat and refrigerate in the pan overnight.

2. The next day, skim the solid fat from the top of the pan, and discard the fat. Place the beef mixture over medium heat, and stir in the onions, tomato sauce, vinegar, Worcestershire sauce, garlic, chocolate, chili powder, salt, cumin, cinnamon, cayenne pepper, cloves, allspice berries, and bay leaf. Bring to a boil, reduce heat to a simmer, and cook, stirring occasionally, for 3 hours. Add water if necessary to prevent the chili from burning.

Important Legal Documents For College Students

Presented by Jacqueline
J. Lambros, Registered
Principal



As summer turns to fall, flocks of recent high school graduates leave the nest and head off to college or university for the first time. Their parents are faced with a wide range of emotions as they watch their children prepare to spread their wings as independent young adults.

Until the students demonstrate sufficient maturity and decision-making skills, many parents continue to take an active role in their children's lives. But once a child reaches the age of 18, he or she has all the legal rights of an adult. This means that the individual is legally on his or her own should a health, financial, or legal matter arise.

Even if a parent is paying a son's or daughter's college tuition or claiming him or her as a dependent on tax returns, in most states a parent lacks the necessary legal authority to act on a child's behalf (or even to obtain information!) in the event of an emergency. That's why an increasing number of parents are choosing to have their children sign a health care proxy and a durable power of attorney (durable POA) before they head off to school or soon after.

Health Care Proxy

When your son or daughter signs a health care proxy, he or she is allowing you to give consent for medical procedures, make health care decisions for him or her, and discuss treatment options if he or she becomes incapacitated. Without a health care proxy, HIPAA laws protect your child's right to privacy. Consequently, you may need a court order to access your son's or daughter's

health information or otherwise act on his or her behalf.

It's also important to keep in mind that colleges and universities may have their own medical release documents. Be sure to check with the school and fill out any applicable paperwork in advance.

Although most parents don't want to think about such traumatic situations, it's always better to be safe than sorry. In an emergency, time is of the essence. Having these documents in place will avoid paperwork and red tape, so you can focus on making any critical decisions.

Durable POA

A durable POA gives you the authority, if needed, to handle financial or legal matters on behalf of your child. This can be especially valuable if your son's or daughter's school is far away, or if he or she is studying abroad. Even if he or she is nearby, you may want the ability to sign tax returns, access bank accounts, pay bills, or sign a lease on your son's or daughter's behalf. The durable POA allows you to serve as your child's trusted agent.

The specific requirements of a health care proxy and durable POA vary by state, so consult with a qualified estate planning attorney to ensure that these documents are prepared correctly.

Your Most Valuable Asset

Most college-aged young adults are somewhere between childhood and full independence. There's a reason why they instinctively list their parents as their emergency contacts and turn to their parents for help and guidance when the going gets tough. But once a son or daughter turns 18, without specific legal documents in place, parents may be powerless to help their child in the eyes of the law.

Have a conversation with your student to educate him or her on the importance of executing a health care proxy and durable POA. Try striking a balance between respecting your child's right to privacy and independence and being there to assist and protect him or her in times of need. After all, your son or daughter is your most valuable asset.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor, or lawyer.

Board Of Directors from page 1

rules & regulations. A committee consisting of 3 non-board members is required by state law to enforce the rental rules.

Annual Meeting January 17, 2019 – Mark Generales

Peggy Lince of the Office of the Sheriff of Lee County will make a presentation at the annual meeting regarding a Neighborhood Watch Program.

Mark suggested a survey be included in the Newsletter & on T&R website regarding a fiber optic cable service for the entire community to ensure quality internet access, highly technical service & a cost savings for each resident. He will also speak on this topic at the Annual Meeting.

Annual Meeting January 17, 2019

Mark & Kevin Welch, along with other Board members, will speak on the proposed increase in annual dues to \$120. They will cite the accomplishments of the Board over the year, as well as the necessity for the increase & what improvements & enhancements this increase will permit going forward.

Kevin Welch suggested Holiday Cards be sent to residents in T&R from the Board of Directors. Along with well-wishes the cards would list Board accomplishments in 2018. Mark will research the feasibility & cost of this project.

Mark will compose an article for the December newsletter regarding DOR enforcement, & the Board "drawing a line in the sand".

Public Comment Period – 3 minutes each

No Residents were in attendance.

Adjournment

With no further business to discuss, the meeting was adjourned by motion at 8:15 p.m. The next Meeting will convene 6:30 p.m, Thursday, December 13, 2018 at South Pointe South Clubhouse, 9734 Foxglove Circle, Ft. Myers.

Respectfully submitted,
Sally Stigler
Executive Secretary

Town & River Cruise Club from page 1



Delicious food and more conversation



Hard at work to complete the word search



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TOWN & RIVER CIVIC ASSOCIATION, INC.
 OFFICERS & BOARD OF DIRECTORS – as of December 20, 2018
 www.TownandRiverFL.com

President	Mark Generales	239-676-5676	pres@townandriverfl.com
Vice President	Gary Hudson	239-481-7748	vp@townandriverfl.com
Secretary	Renee Notes	239-209-2072	secy@townandriverfl.com
Treasurer	Gary Hudson (interim)	239-481-7748	treas@townandriverfl.com

STREET ASSIGNMENTS	DIRECTOR	EMAIL PHONE NUMBER
Bal Isle Dr E Town & River Rd	Mark Generales (interim)	pres@townandriverfl.com 239-676-5676
Brevity Ln N Waterway Dr	Renee Notes	secy@townandriverfl.com 239-209-2072
Cal Cove Dr Cape View Dr Hatchee Vista Ln Jennifer Ln	Mark Generales (interim)	pres@townandriverfl.com 239-676-5676
Clarellen Dr Cypress Lake Dr	Marge Byrne	dir4@townandriverfl.com 239-482-8923
Cypress Lake Cr Joanna Cr Sand Spur Ln	Myriam Lentz	dir5@townandriverfl.com 239-225-8533
Deep Lagoon Ln Julie Ann Ct	Gary Hudson	vp@townandriverfl.com 239-481-7748
Erin Marie Ct S. Town & River Dr	Martha Smith	dir7@townandriverfl.com 239-671-6347
McGregor Blvd Wittman Dr	Terry Brady	dir8@townandriverfl.com 239-940-5656
N. Town & River Dr	Kay Gloris	dir9@townandriverfl.com 239-590-0602
Lake Committee	Renee Notes	secy@townandriverfl.com 239-209-2072
DOR Committee	Gary Hudson	treas@townandriverfl.com 239-481-7748
Architectural Review Committee	Gary Hudson	archreview@townandriverfl.com

Please contact the Director responsible for your street regarding any issues related to Town & River.

Owner Contact Information Request

Town & River Civic Association Inc.
 P.O. Box 07073
 Fort Myers, FL 33919

For improved communications, please update your contact information. Please [PRINT] complete the following.

Name(s): _____

Town & River Address: _____

Full Time Resident: ____ Seasonal Resident: ____ My Property is Leased ____

If not full-time, other address, including zip: _____

Telephone Number(s): _____

Email Address: _____

Association members in good standing, who have submitted their contact information, and have agreed to have their contact information published in the online directory, will be issued a password to access the online directory. Otherwise, the information submitted is for board use only. If you agree to your contact information being included in a Town & River Directory, accessible by a password, please check either: ____ Yes or, ____ No
 If "Yes", please check the information you agree to be included in the Directory:
 ____Names ____Town & River Address ____Other Address ____Telephone Numbers
 ____Email Address

Signature: _____ Date: _____



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- Waterfront Dining
- Social Activities & Events
- Initiation Fee \$12,000

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Adoptable Cats — And Kittens

Lily

Hi, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up-to-date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center. To find out more about me, call Diane at (860) 833-4472 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.



Sylvia

Hello, I'm Sylvia. Aren't I just adorable? I'm only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying. To find out more about me, call Diane at (860) 833-4472 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.



Haven on Earth Animal League Inc. is a 501 (c) (3) nonprofit animal rescue organization in Fort Myers operated completely by volunteers. Our mission is to rescue, house, rehabilitate and re-home abused, unwanted, neglected and homeless animals into forever, loving homes.

Word Scramble Solution from page 2

Snow	Icicle	Freeze	Blankets
Shovel	Skating	Mittens	Sledding
Plow	Cancellations	Snowman	Ground hog

Season Theatre Performances

Laboratory Theater Of Florida
(239) 218-0481
www.laboratorytheaterflorida.com
Hedwig and the Angry Inch – Jan. 18 to Feb. 3

Florida Repertory Theatre
(239) 332-4488
www.floridarep.org
In The Arcade Theatre
Fences – Jan. 11 to 30 (previews Jan. 8 to 10)

In The ArtStage Studio Theatre
Tenderly: The Rosemary Clooney Musical – Dec. 18 to Feb. 24

Broadway Palm Dinner Theatre
(239) 278-4422
www.broadwaypalm.com
Saturday Night Fever – Dec. 29 to Feb. 9

Off Broadway Palm
(239) 278-4422
www.broadwaypalm.com
Midlife 2! #WhatDidIComeInHereFor – Jan. 10 to Feb. 23

Theatre Conspiracy
(239) 939-2787
theatreconspiracy.org
The Agitators – Jan. 17 to 27

Phoenix Theater
(239) 284-5214
www.newphoenixtheatrefortmyers.org
Marvin's Room – Jan. 10 to 27
La Cage Aux Folles – March 7 to 31

Sudoku Puzzle Solution from page 2

9	8	1	5	3	7	2	6	4
4	6	5	9	8	2	7	3	1
7	2	3	4	1	6	8	9	5
3	7	2	1	9	8	5	4	6
1	5	4	6	2	3	9	7	8
8	9	6	7	5	4	1	2	3
5	1	7	3	4	9	6	8	2
2	3	9	8	6	5	4	1	7
6	4	8	2	7	1	3	5	9

Crossword Solution from page 2

R	E	H	A	B		F	L	E	E		S	O	F	A			
E	M	O	T	E		L	O	R	N		U	P	O	N			
V	I	S	O	R		A	U	N	T		C	I	S	T			
S	T	E	P	S		S	I	S	T	E	R		C	U	S	S	
						E	L	K			E	N	E	M	A		
D	E	B	A	R	K		S	W	A	T	S						
A	L	A	C	K		D	E	A	T	H	S	M	A	N			
T	A	L	C			W	E	A	R	S		F	A	M	E		
E	N	D	U	R	A	B	L	Y			C	U	R	I	O		
						M	E	L	T	S		B	A	L	K	A	N
						P	L	U	C	K		V	I	P			
G	A	O	L			O	C	C	I	D	E	N	T	A	L		
O	R	C	A			U	R	I	C		L	O	I	R	E		
B	E	A	T			T	E	T	E		I	N	D	I	E		
I	S	L	E			S	E	E	S		N	E	E	D	S		



The New Math:
\$1 = \$8

That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

Thank you for your generosity!

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Fort Myers, FL 33901
Call (239) 334-7007 or visit:
harrychapinfoodbank.org



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Continental Women's Club

Join us on Thursday, Jan. 3, when our program will be Seniors vs. Crime. Come and learn about this State of Florida project, whose primary goal is to reduce victimization of senior citizens who are often targeted for specific crimes based on their age. Luncheon is at 11:30

a.m. at The Hideaway Country Club, 5670 Trailwinds Drive, Fort Myers 33907. The cost to attend is \$22.

Also save the date – Monday, March 18 – our annual fundraising fashion show to be held at Heritage Palms. Please call (239) 691-7561 for additional information.



Question: So what if I can't spell Armageddon?

Answer: It's not the end of the world!

Veg Fest 2019 Has Something For Everyone

The one-day Veg Fest is again being held in Riverside Park, Bonita Springs on Sunday, Feb. 24 where last year there were more than 16,000 in attendance. Learn about the science behind the whole food/plant-based lifestyle, how agriculture can make a positive impact on our environment, and how easy it is to find healthy food from local farmers and restaurants in the area.

Presentations on the Main Stage by nationally-known speakers will include Dr. Jami Dulaney (whole food/plant based food and cardiovascular disease), Dr. Jim Loomis (food and our environment) and Wendy Pett (our body as a gym) and more. Cooking demonstrations show how easy it

is to prepare healthy meals and snacks! Enjoy a delicious meal or snack from local restaurants.

So there is something for the entire family to enjoy at Veg Fest: kid zone activities, environmentally-friendly electric cars to examine, animal rescue groups, and health-conscious vendors with whom to visit. Hours are 10 a.m. until 5 p.m. with plenty of free parking!

For more information contact Jack Thomas, (239) 634-7359, info@SWFLVegFest.org.



Florida Fun Facts:

Thomas Edison built Florida's first modern swimming pool in 1910.

Did You Know?

16 ounces of honey requires 1,152 bees to travel 112,000 miles and visit 4.5 million flowers.*

*On a T-shirt at Curtis Honey, which citrus growers in the region have relied on for decades to pollinate their groves

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Join The Million Mile Movement

The Journey Of A Million Miles Begins With A Single Step

Whether you're walking, running, biking or swimming, register your company team or as an individual for this community-wide challenge for **free!**

Take a step toward healthier living by joining Healthy Lee's Million Mile Movement! We're challenging Lee County to get more active by moving 1,000,000 miles in three months.

From Jan. 15 to April 15 participants can log their daily exercise, where every "step" counts. Our easy-to-use website will allow you to track your healthy activities like walking, running, swimming and bicycling to show you're "going the distance" towards a healthier lifestyle. So, take a walk, climb the stairs or exercise any way you want and log your progress with us. By the end of the challenge, Lee County will have moved 1,000,000 miles together!



Healthy Lee's Million Mile Movement is open to people of all ages and fitness levels, and any form of movement qualifies. Participate as an individual or as a group by creating a team. It's a great opportunity to unify your business, classroom, or other organization in a healthy way, and we encourage you to share the Healthy Lee movement with friends.

Your motivation will soar as you track your progress "in step" with other challengers and watch the movement build. Improve your health and inspire and support others during our community-wide million-mile journey to better health! Join the Million Mile Movement today and become part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

Step 1 – Register

New to the challenge? Participated last year? Sign up

or log in at <http://healthylee.com/news-events/million-mile-movement/>.

Step 2 – Motivate Others To Move!

Once you are registered for the Million Mile Movement, engage your friends and family to sign up or join your team by registering themselves for the challenge and selecting to join your company team.

Step 3 – Set A Goal!

When registering, set a personal goal for the miles you will move in three months, and also set a goal for your team to reach! You may be rewarded for reaching milestones toward your goal!

Step 4 – Get Moving!

On Jan. 15 ... get moving! To earn placement on the Million Mile Movement Leaderboard, continue to log in into the Million Mile Movement Challenge Portal, and log your miles moved on your personal profile.

Town & River Civic Association Inc. Balance Sheet As of November 30, 2018

	Nov 30, 18
Assets	
Current Assets	
Checking/Savings	
First Citizens Bank- Operating	6,317.64
First Citizens Bank - MMS	29,851.85
Total Checking/Savings	36,169.49
Accounts Receivable	
Accounts Receivable	1,435.77
Total Accounts Receivable	1,435.77
Other Current Assets	
Hartford Prepaid Insurance	293.45
Prepaid Expense	274.00
Total Other Current Assets	567.45
Total Current Assets	38,172.71
Total Assets	<u>38,172.71</u>
Liabilities & Equity	
Liabilities	
Current Liabilities	
Other Current Liabilities	
Pre-Paid Annual Dues	60.00
Total Other Current Liabilities	60.00
Total Current Liabilities	60.00
Total Liabilities	60.00
Equity	
Prior Year Fund Balance	54,429.03
Net Income	-16,316.32
Total Equity	<u>38,112.71</u>
Total Liabilities & Equity	<u>\$38,172.71</u>

Town & River Civic Association Inc. Profit And Loss November 2018

	Nov 18	Jan-Nov 18
Ordinary Income/Expense		
Income		
Income - Mandatory	0.00	5,280.00
Income - Voluntary	0.00	12,863.94
Total Income	0.00	18,143.94
Interest Income	1.22	13.65
Total Income	1.22	18,157.59
Expense		
Unidentified Checks	0.00	492.79
Accounting fees	0.00	3,918.50
Advertising	0.00	1,546.70
Bank Fees	0.00	33.00
General Insurance	0.00	2,701.00
Hartford Insurance Expense	41.95	461.45
Land Survey Expense	0.00	1,275.00
Legal Expense	0.00	10,100.66
Meeting Room Expense	0.00	693.88
Newspaper	142.22	1,262.56
Office Expense	0.00	100.00
Office Supplies	0.00	180.63
Postage Expense	0.00	241.64
Printing	0.00	985.06
Repairs & Maintenance	0.00	159.00
Secretary Expense	212.74	2,217.38
Storage Expense	99.45	999.80
Utilities	43.67	481.60
Website Expense	0.00	1,875.75
Total Expense	<u>540.03</u>	<u>29,726.40</u>
Net Ordinary Income	-538.81	-11,568.81
Other Income/Expense		
Other Expense		
Lake Maintenance	182.00	3,232.76
Lake Utility	144.12	1,514.75
Total Other Expense	<u>326.12</u>	<u>4,747.51</u>
Net Other Income	-326.12	-4,747.51
Net Income	<u>-864.93</u>	<u>-16,316.32</u>

Town & River Neighbors

Let's Get To Know Each Other!

I am collecting your stories for publication in our newsletter and website to **feature you** and your interests!

- Story to share?*
- Home for sale/sold?*
- Favorite recipe?*
- Favorite restaurant?*
- Upcoming event/fundraiser?*
- Own a local business?*
- Helpful tip?*
- Special skill?*
- Activity in town?*

... or anything else you'd like to share with your neighbors?

Please submit information and photos to: secy@townandriverfl.com.

Upcoming Sections

Pet Corner – Here's the spot to brag on your beloved four-legged family member! Tell us why your pet is the **best** and send a photo!

In The Biz – We are looking to feature local businesses that are owned by our neighbors. You never know, you might find a new client or customer!

Helpful Tips – What's your favorite tip/life hack? This can be anything from helpful life hacks to silly things like opening a bottle of wine without a wine opener.

Questions For The Board – Do you have a question or tip for a board member?

Featured – Nominate a neighbor (or yourself) for "The Featured _____." This can be anything

from special person, act of kindness, landscaped yard, holiday decorations, classic car, crafts, etc.

Favorites – Tell us your favorite: restaurant, local activity, cocktail/wine/beer, fishing spot/tackle, vacation spot, movie/book.

Recipes – Share a favorite or family recipe.

Events – Let us know about an upcoming local event or fundraiser, book club, game night or club.

Share A Skill – Do you have a special skill? Host an event to share/teach and show off your special talent. This can be anything from cake decorating to casting a fishing net to anything you'd like to teach your neighbors!

Real Estate – Let us know of homes currently for sale, upcoming listings and sold properties in Town & River.

Welcome – to a new neighbor, new baby, new spouse, new pet or new boat. Introduce us to your newly welcomed Town & River addition.

Longest Homeowner – We are looking to feature the longest resident of Town & River! Are you an original resident? Write in and tell us your story of building your home and how the community has changed over the decades!

Please submit information and photos to: secy@townandriverfl.com.

I look forward to hearing from you! Please let me know if you have any questions.

Thank you.

Renee Notes,

Secretary of Town & River Civic Association

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