VOL. 31 NO. 7

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JULY 2022

Board Of Directors Meeting Minutes [Unapproved]

Thursday, May 12, 2022

Call To Order - President Mark Generales called the meeting to order at 6:30 P.M.

Board Of Directors

A quorum was established with the following Directors Present: Kay Gloris, John Kristobak, Myriam Lentz, Gary Hudson, Capt.

Craig O'Donnell & Martha Smith. Officers Present: Treasurer Marge Byrne & Executive Secretary Sally Stigler. The association attorney Christopher Miller, Esq. was also present.

Absent: Directors Ann Marie Aeschliman, Tom Aeschliman & Secretary Renee Notes.

Re-Write/Up-Date Of the Amended, Restated, & Combined Deeds of Restriction (ARCDOR) - Christopher Miller, Esq.

Mr. Miller explained the process for amending ARCDOR. The present document is almost 20 years old. ARCDOR needs modernizing and updating for better understanding/clarity. He emphasized that it can be a long & involved undertaking, requiring a great deal of thought & planning. A committee should be established to recommend changes. Proposed changes would be submitted by the committee to the Board for approval, then presented to the attorney for review before

Gallery Hours: Monday through Friday, 10 a.m. to 5 p.m.

Most Wednesdays and Fridays the gallery hours extend

Pythonesque - Open Call Group Show

General Admission: \$1 entry donation

One of the most iconic

and influential comedy series

debuted over 50 years ago,

and continues to inspire the

arts, music, and film media to

this very day. Monty Python

represents not just the finest in

British comedy, but a symbol for

the genius in the "anything goes"

style of production. Surrealism,

stream-of-consciousness

Town & River News

comedy series, as is this exhibition.

Opens: July 1 at 6 p.m.

to 10 p.m.

Closes: July 29 at 10 p.m.

a vote by owners. To amend ARCDOR requires a two-thirds vote of lot owners voting in person or by proxy.

Approval Of Minutes – April 14, 2022, minutes were approved by motion.

Treasurer's Report - Marge Byrne & Gary Hudson

- Gary emailed April financial reports to the board May 6, 2022. All lake assessments have been paid and only one mandatory dues account remains unpaid. This account will be submitted to the association's law firm for collection.
- It passed by motion for Ann Marie & Marge to accept treasurer co-responsibility. Gary will continue to assist as necessary.
- With no questions presented, the treasurer's report was approved by motion.

Deeds Of Restriction/Architectural Review Committee – John Kristobak

• John reported 16 submitted plans were reviewed & approved.

Committee Reports

Lake Status - Renee Notes - No report given

New Business

Discussion of Board Structure

· Roy Benton and Rick Chubb have resigned as board members. Tom Aeschliman was elected as a board director at last Board meeting. One additional board member is needed. Capt. Craig mentioned that he knows someone who may be interested.

Sidney & Berne Davis Art Center rabbits, the blessed cheesemakers, knights who say NI, men dressed as women dressed as men adorning the walls, and above all a community that celebrates the true meaning

of life (which is nothing very special really).

Wine And Paint Wednesday, July 20 - 6:30 to 8:30 p.m.

Tickets: \$45

Wine and Paint Wednesdays occur every third Wednesday and is led by some of the area's most entertaining, talented and enthusiastic painters, and



offers budding painters a chance to gather with friends to create their own masterpieces while sipping under the stars. The rooftop is open from 6 to 11 p.m. with no cover to enter. Classes will take place from 6:30 to 8:30 p.m. Tickets for the class are \$45, includes a canvas, paint, paintbrushes and two glasses of wine. Wine and Paint night will be followed by dancing until 11 p.m. with music from DJ Arawn.

Rooftop Karaoke

Wednesday, July 27 – 8 to 11 p.m.

Free to the public. Every ourth Wednesday we're offering Rooftop Karaoke Night hosted by Manny. Come have a fun night where you can sit back and enjoy the entertainment or sing your

heart out with friends and enjoy the fun. The rooftop opens at 6 p.m. with karaoke from 8 to 11 p.m.

Sidney & Berne Davis Art Center (SBDAC), 2301 First St., Fort Myers, FL 33901, (239) 333-1933, www.sbdac.com.





• A Summer Board Retreat will be held 3:00 P.M. Wed., June 29, 2022, at South Pointe South Clubhouse, 9734 Foxglove Circle, Ft. Myers; & the Annual Meeting is scheduled for January 19, 2023.

Deep Lagoon Lane Monument Lighting - Martha Smith

Martha had previously reported that hard wire lighting for the street monument at Deep Lagoon with an FPL meter would cost \$15,000 installed. This is primarily due to the trenching involved to hook up to the closest transformer (which isn't close). Solar lighting is being investigated. The present "Big Box" solar lights aren't doing the job. It passed by motion to authorize the expenditure of up to \$1,000 for a commercial solar light.

Adjournment

The meeting was adjourned at 7:45 P.M. The next regularly scheduled Board Meeting will convene 6:30pm Thursday, September 8, 2022, at South Pointe South Clubhouse, 9734 Foxglove Circle, Ft. Myers.

Respectfully submitted, Sally Stigler **Executive Secretary**

Caring For An Aging Parent

Presented by Jacqueline Lambros, Registered Principal

Caring for aging parents can be a difficult planning aspect to balance. If you are among the "sandwich generation," you may be trying to support your aging parents as well as your own children.



Today, individuals are living longer than before, so it is better to be prepared.

Having The Conversation

The first step—and often the most challenging one—is to find out what your parent needs or expects from you. It's always best to have this conversation before a crisis occurs. Also, keep in mind that your parents may resist discussing the topic at first. They have lived a long time without much assistance from you, and the transition to accepting your new role in their life may be bumpy. Understanding and respecting your parents' wishes will go a long way toward smoothing the process. How will your parents deal with incapacity, the fear of becoming dependent, or the reluctance to burden you with their needs?

Gathering Information And Documents

Create a list of emergency contact numbers, including your parent's medical providers; religious leader; neighbors; friends; and financial, tax, and legal advisors. You should also gather copies of legal documents, funeral plans, medical records, and medication information. Keep a list of investment, bank, and insurance accounts, in addition to the locations of safe deposit boxes, real estate deeds, and automobile titles. You may find it helpful to

Caring For An Aging Parent on page 4

and absolute absurdity are continually celebrated through our love for this sketch

This wouldn't be the first time an art show was developed specifically to applaud the various contributions from Monty Python's television and film series. But it's about time that we did so in our humble little art scene. Artists were asked to produce work that is directly inspired by the very (very very) many quips and punches (sans punchlines) from sources such as Monty Python's Flying Circus, The Holy Grail, The Life of Brian, or the Meaning of Life. From dead parrots, to rubber chickens, to the airspeed velocity of an unladen swallow ... the potential influences are indeed endless - and not the least limited to that of birds.

Imagine, if you will, an art show that doesn't take itself too seriously. Artists and guests will "silly walk" their way through the gallery. Fine art featuring man-eating

> PRSRT STD US POSTAGE FT MYERS FL PERMIT 751

All are encouraged to attend our next Board meeting on Sept. 8!

The Board meets on the second Thursday of each month at 6:30 p.m. The Board does not meet in June, July & August.

> South Pointe South Clubhouse 9734 Foxglove Circle, Fort Myers.

Check out our new website www.townandriveril.com.

Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County. We meet on the



fourth Thursday of each month at The Landings Yacht, Golf, and Tennis Club (community entry off McGregor Boulevard between Cypress Lake Drive and College Parkway). Meetings begin at 11:30 a.m. with a short social period followed by lunch at noon and normally an informative speaker program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.

Our next meeting will be held on Thursday, July 28, and our speaker will be Jessica Goodall from Eva's Closet. Jessica has a master's degree in social work from Florida Gulf Coast University (FGCU). Jessica founded Eva's Closet & Foundation in early 2016 which provides essential items and financial assistance at no cost to children and families in need in Southwest Florida as well as case management and referral services. Eva's

Word Scramble

Water Fun

By Ellie Neal Veid Slhspa Misw Latfo Sggelog Gbnaith Tisu Aeht Klesorn Reesicxe Rsscunnee Olop Lwoet

Word Scramble Solution on page 7

Sudoku Puzzle

1				8	4		7	
4			5		1			
							1	
2		6						7
					7			6
		8				5		3
-1	6					2	3	
8		9	2		6	4		
	1			5	9			8

Sudoku Puzzle Solution on page 7

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Closet aids, on average, 1,000 individuals each month. Jessica was awarded the FGCU Alumni of Distinction in 2019 and was recognized by Gulfshore Business for the under 40 Award.

Luncheon fee is \$28 per person and the planned menu will be grilled chicken breast salad with pecans and vinaigrette dressing, rolls and butter, and chef's choice of dessert. The optional plantbased/vegan menu will be quinoa bowl with roasted vegetables, and fresh fruit for dessert.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cutoff to attend this meeting is noon, Thursday, July 21.

Crossword Puzzle

Across

- 1. Letter opener
- 5. Give a false impression of
- 10. Hunk
- 14. Ancient Greek coin
- 15. Orchestra section
- 16. Jealous wife of myth
- 17. Island of Hawaii
- 18. Papal garment 19. Son of Judah
- 20. Fluke
- 22. Move to and fro
- 23. Phooey! 24. Acapulco gold
- 25. Slander
- 29. Building
- 33. Pipsqueak
- 34. A bit
- 36. Run away
- 37. Stockholm flier 38. Dumas dueler
- 39. Out of sorts
- 40. Tolkien tree creatures
- 42. Student's hurdle
- 43. Oil source
- 45. Declares positively
- 47. Republic in South America
- 49. Author Fleming
- 50. Atmosphere
- 51. Blurred 54. Statute
- 60. Baseball family name
- 61. Tactless
- 62. Ancient theaters
- 63. Are you ___ out?
- 64. Easy
- 66. Gammy
- 68. Long ago

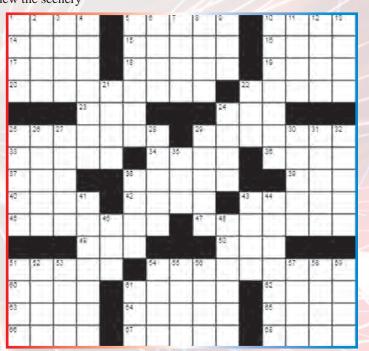


Down

- 1. Smoke deposit
- 2. Girder type
- 3. Architect Mies van der _
- 4. Doze
- 5. Thin soups
- 6. Architect Saarinen
- 7. Be in front
- 8. Goofing off
- 9. Nationality suffix
- 10. Exhibitionist
- 11. Filmmaker Riefenstahl
- 12. Irish island group
- 13. Firecracker sound 21. Over 50 organization
- 22. Hindu title
- 24. Lyric poems
- 25. Bewildered
- 26. Graceful birds
- 27. Nuisances 28. Adlai's running mate
- 29. Chew the scenery

- 30. Greek epic poem
- 31. Big fiddle?
- 32. Conger catcher
- 35. Cries of surprise
- 38. Envelope notation
- 41. Convulsion
- 43. Clubs, e.g.
- 44. Accord
- 46. Narrow beam of light
- 48. Prestige 51. Fall short
- 52. Radius neighbor
- 53. Move rapidly
- 54. Formerly, formerly
- 55. Back of the neck
- 56. Warts and all
- 57. Other name for taro
- 58. In the neighborhood
- 59. Grasp
- 61. Noise made by a sheep

Crossword Solution on page 6



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- Capacitors
- Seals of Caps and Valves
- Thermostat Operation Blower Amps
- Heating System **Evaporator Coil**
- Blower Wheel **Electrical Connections and Wires**
- Temperature Splits
- Float Switch Operation
- Filter (change or wash customer to supply filter)
- Clean Equipment Exterior
- **Brush Out Electrical Cabinet** Flush and Vacuum Drain Line and Pan
- Lubricate All Moving Parts Overall Performance

Water Heater Tune up

- Flush Water Heater Tank
- **☑** Inspect T and P Valve
- ✓ All Plumbing Connections ☑ All Electrical Connections

□ 2nd W/H \$60.00

- Thermostats
- **E**lements
- **☑** Gas Valve V Burner
- Manifold
- For Leaks ☑ Inspect Expansion Tank



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From The Desk Of Sheriff Carmine Marceno

The Importance Of Southwest Florida Crime Stoppers

I have never regarded law enforcement as a service done *for* the community, but rather a service done with the community. I often say, "See something, say something, make the call!"



It is this relationship with our constituents that makes Lee County one of the safest counties in the state.

Regardless of the size of your law enforcement agency or the material resources available, officers can never be in all places at all times. It is often the information provided by residents, guests and visitors that lead to the arrest and the successful prosecution of criminals.

The Lee County Sheriff's Office (LCSO) and our local law enforcement agencies are extremely fortunate to have the Southwest Florida Crime Stoppers program as a source of confidential information involving criminal activity. A 501(c) (3), nonprofit organization, Crime Stoppers pays rewards of up to \$3,000 for information leading to an arrest or to the recovery of stolen property. While Southwest Florida Crime Stoppers only serves Lee, Charlotte, Collier, Glades and Hendry counties, the Crime Stopper program is operational worldwide, has provided information that has led to over 812,000 arrests, has cleared over 1,160,000 cases and has helped recover over a billion dollars worth of stolen property ... all within the United States alone! Crime Stoppers USA has paid nearly \$118 million in rewards!

Despite assurances that the identity of "tipsters" remains anonymous, some residents remain concerned about sharing this type of information. In a recent conversation with a constituent, I was asked about the assured confidentiality. It prompted me to share this Q and A interview recently done with Trish Routte, Southwest Crime Stoppers coordinator. I am hopeful that her responses place tipsters at ease and lead to further community participation and an increase in information sharing regarding criminal activity.

Question: Some residents are genuinely concerned about confidentiality and might be hesitant to take a chance submitting information. With caller ID and other electronic means of identification, how can one be certain that their identity is protected? How are Southwest Florida Crime Stoppers received?

Trish Routte: "Anonymity is the single most important aspect of the Crime Stoppers program. People need to know that when they reach out to us that their identity will never, ever be known. We don't have caller ID, nor the ability to trace an IP address from a computer. In fact, our calls are routed through a call center in Canada to further ensure that phone records can never be subject to subpoena. When tipsters reach out to us, whether it's via the hotline, the website or the mobile app, they are given a code number, which is how we identify them from beginning to end. Once we receive the information, we immediately pass the tip along to the appropriate law enforcement agency for investigation. Tips are disseminated to law enforcement 24 hours a day, as we have personnel working round the clock, seven days a week. If a tip ends up leading to an arrest, we pay out rewards the following Wednesday in cash, again using that code number that was given to the tipster in the very beginning. In 41 years of existence, not once has the identity of a tipster been known."

Question: Should a tipster's information be incredibly valuable, is there any way that they would/could be subpoenaed or even asked to speak, in person, with a law enforcement officer?

Trish Routte: "It's absolutely not possible. At no point in time do we ever know the identity of the tipster, therefore there is no way that law enforcement, attorneys or anyone could ever know. Even when tipsters inadvertently blurt out their name or connection to the crime or suspect, we never take that information down. Every single tip is sanitized of any identifying information, down to whether the caller is a male or female. There have definitely been times when law enforcement has tried to get the tipsters information, but every single time they're given the same answer – we just don't know. By not having that information, we can assure tipsters that their names will never show up in a police report and they will never be subpoenaed to testify in court."

Question: All Southwest Florida Crime Stoppers materials indicate that there is a potential reward for submitted information. How are reward amounts determined? How does a person obtain a reward without revealing their identity?

Trish Routte: "We do pay out rewards for information that leads to an arrest or the seizure of drugs or stolen property. Our rewards are up to \$3,000; the maximum reward would be for a homicide (and we've paid out on quite a few). We determine the reward amounts based on a points system that takes into account the seriousness of the crime, the number of crimes committed, a suspect's criminal history, the number of arrests, as well as the value of drugs seized or property recovered. We also place extra emphasis (and value) on tips that lead to the closure of cases involving the elderly or young children. Last year, we paid out just over \$150,000 in rewards. It's also important to know that not a single penny of tax dollars goes to fund Crime Stoppers. We are funded through 'bad guys'

money!' When a criminal is sentenced, they have to pay a \$20 fine, of which about \$16 comes back to Crime Stoppers in the form of a grant administered through the State of Florida. Those funds are used to keep the program running and to pay out rewards. So we are essentially using bad guys' money to put more bad guys behind bars! It's a win-win!"

Should you have information to share, there are a number of ways in which you can do so:

- Tips can be submitted by calling 1 (800) 780-TIPS (8477). Operators, including Spanish-speaking operators, are available 24/7.
- · Tips can be submitted online at www. southwestfloridacrimestoppers.com.
 - Tips can also be submitted using the P3 Tips mobile app.

Consumer Alert -

Shutting Down Tech Support Scams

With technology, it's easier than ever to connect with others and people are just a click or call away. Nobody knows that better than scammers - who might try to contact you about a supposed virus or malware they've "found" on your device. So, remember – if someone unexpectedly calls or messages you, claiming your computer's security is at risk, it's a scam.

It's alarming to get this kind of random notification, especially if it sounds serious and looks legitimate. Scammers often pretend they're tech support from a well-known company, like Microsoft or Apple. They expect you to open an email, text, or pop-up if you see a familiar name. They may also try calling you, hoping you'll react to an "urgent problem" with your computer. That's how they get your personal information or money to "fix" it. They want you to pay for tech support you don't need, to fix a problem that doesn't exist.

Here's What To Do

If you get an unexpected call from someone saying there's a problem with your computer, hang up. It's a scam.

Don't click any links in an unexpected message or email. And never call phone numbers left in voicemails, emails, texts, or social media messages.

Don't give your personal or financial information in response to an unexpected request. Legitimate organizations won't call or message asking for your Social Security, credit card, or bank account number, or your password.

Update your computer's security software. If you suspect a computer problem, run a security scan to find and remove malware. And turn on automatic updates so your security software can keep up with the latest protections against security threats.

You might know these calls, messages, and pop-ups are fakes - but you probably know someone who doesn't. Please share this information with your friends and family and pass it on to your community. And report scams to the FTC at ReportFraud.ftc.gov.

Got an urgent message about a virus on your computer? Don't click on any links or call a phone number.

ftc.gov/passiton



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Caring For An Aging Parent from page 1

copy all of this information to a USB flash drive so it's readily available when you need it.

Evaluating Your Parent's Situation

It may be difficult for you to evaluate your parent's mental and physical capabilities or locate community services to support their independence. If that's the case, a geriatric care manager can be indispensable, particularly if you live some distance from your parent. This person can perform an in-home assessment, determine your parent's housing needs, and recommend a plan of action. Your parent's doctor should be able to refer you to a qualified geriatric care manager.

Town & River Civic Association Inc.

Balance Sheet As of May 31, 2022 May 31, 22 Assets **Current Assets** Checking/Savings First Citizens Bank 2580 7,762.55 $85,895.14 \\ \underline{6,727.01} \\ 100,384.70$ First Citizens Bank - MMS PayPal Account **Total Checking/Savings Accounts Receivable** Accounts Receivable 120.00 **Total Accounts Receivable** 120.00 Other Current Assets Prepaid, Lake Expense 2,846.01 Prepaid, Insurance 4,153.72 550.00 7,549.73 Prepaid, Other Expense **Total Other Current Assets** 108,054.43 108,054.43 **Total Assets**

56.180.89

28,083.14 23,790.40

108,054.43

108,054.43

Liabilities & Equity

Net Income

Total Equity

Prior Year Fund Balance

Retained Earnings

Total Liabilities & Equity

Equity

Town & River Civic A	ssociati	on Inc.
Profit And	Loss	
May 202	42	
	May 22 J	lan - May 22
Ordinary Income/Expense	·	·
Income		
Income		
Income - Mandatory	0.00	10,920.00
Income - Voluntary	600.00	25,560.00
Total Income	600.00	36,480.00
Estoppel Preparation Income	250.00	500.00
Interest Income	0.73	18.32
PayPal Cash Bank Bonus	0.00	8.13
Miscellaneous Income	2,702.07	2,702.07
Total Income	3,552.80	39,708.52
Expense		
Accounting Fees	315.00	2,145.00
Bank Fees	35.00	175.00
Corp Insurance	375.38	1,901.70
Email Service	0.00	243.00
Legal Expense	2,048.32	7,741.10
Meeting Rooms	0.00	125.00
Newspaper Postage	146.09	724.31
Office Expense	0.00	74.97
PayPal Fees	4.68	259.20
Postage & Delivery	0.00	574.80
Printing & Reproduction	0.00	737.72
State Fee	0.00	61.25
Secretary Expense	0.00	262.50
Storage Expense	119.79	598.95
Utilities	49.51	243.62
Website Maintenance	50.00	50.00
Total Expense	3,143.77	15,918.12
Net Ordinary Income	409.03	23,790.40
Net Income	409.03	23,790.40

Can your parent remain at home? Just because your parent can no longer care for their home doesn't mean they have to move. In fact, staying in one's home may offer better support and social networks than moving in with one's children. If your parent can stay safely alone, you may want to divide the household chores among family members or hire someone to provide housekeeping, cooking, and personal care. Here are a few other items to consider:

- Find out if Meals on Wheels America is available in your area. The organization's volunteers deliver meals to seniors who can no longer cook for themselves.
- Look into modifying your parent's home to help with any physical limitations.
- Install a security system to summon emergency personnel if necessary.
- Call the local police department to find out if it offers a program to check on elderly residents. If not, churches often have a volunteer group dedicated to checking in on older parishioners.
- Post important telephone numbers for contacting you, emergency services, and your parent's doctor in a prominent location.

As your parent grows older, an assisted living facility or retirement community may be a better solution than living at home. Such residences provide additional benefits, such as transportation, access to medical personnel, and a richer social life.

Can your parent move in with family? Another solution is moving Mom or Dad into your home. This is a big decision, and it may not be the best choice for every family. Ask yourself:

- Will living together put stress on your relationship with your parent or your relationship with your family?
- Can you afford to remodel your home to provide a comfortable and private environment for your parent?
- Do you have the flexibility to provide transportation as needed?
- Will other family members step in to help, both financially
- and physically?

• Will other family members share the cost of adult day care? Can your parent continue to drive? If your parent is older than 75, takes medications, or both, their ability to drive a car may be impaired. Of course, it's difficult to know when older drivers have become a danger to themselves or others. Give your parent's friends and neighbors your contact information and ask them to make you aware of any changes in your parent's driving skills. Or suggest that your parent accompany you for grocery shopping and other errands rather than driving alone. Many communities offer driver's education courses that teach best practices for seniors (e.g., limiting drive time to daylight hours and good weather conditions or avoiding highway and high-traffic situations).

Keep in mind that this may be a very sensitive topic for your parent. Many seniors view driving as essential to their independence and will resist giving up the car keys. For help approaching the conversation, visit the NIH National Institute on Aging website on older drivers at www.nia.nih. gov/health/older-drivers.

Financial And Legal Issues

As we age, we lose mental alertness. Due dates for bills pass, insurance policies lapse, and poor financial decisions may be made. Your elderly parent will likely need your assistance with financial, legal, and medical matters.

Banking. Most banks offer automatic bill-payment services from checking or savings accounts—a convenient option if your parent is Internet savvy. Or your parent can give you responsibility for their finances by having bills and financial statements sent to your address. You might also consider a bill-pay service, which receives a copy of invoices and then requests your parent's bank or financial institution to send checks directly to payees.

Investments and insurance. If day-to-day management of your parent's finances is too much for you to handle, talk to your financial advisor. They can recommend products that provide income on a regular basis, such as managed retirement income portfolios, annuities, or bonds. Your financial advisor can also propose cash management solutions that allow your parent's monthly Social Security, retirement plan, and annuity payments to be deposited automatically into an account. You can typically access these funds through a debit card, unlimited checkwriting capabilities, and online bill-pay services—everything that a bank checking account offers.

Also, review your parent's existing life and long-term care insurance coverage and make changes if necessary.

Legal concerns. An elder law attorney can help you prepare documents to manage your parent's health care and financial affairs. In fact, many states provide free legal services to the elderly. Your parent may wish to seek an attorney's help in the following areas:

- Appointing a health care representative. Without legal authorization from your parent, medical privacy laws prevent doctors from discussing the patient's medical conditions with you. In addition to appointing a health care power of attorney, your parent may want to consider a living will, which provides instructions on how to manage treatment if they have a terminal or irreversible condition and cannot communicate.
- *Understanding the process for qualifying for government* programs such as Medicaid or veterans' benefits. Don't rely on the experiences of family or friends, as their situations may differ from your parent's.
- Reviewing and updating estate planning documents, including your parent's will, durable power of attorney, and any revocable trusts. In addition to the basic estate planning documents, your parent may wish to draft a letter outlining who will receive personal effects, such as jewelry and family heirlooms.

What About Taking Care Of Yourself?

Although caring for an elderly parent can feel overwhelming at times, you are not alone. Many local and national groups are available to support you in providing the care and services your parent will need. To get started, visit the U.S. Administration on Aging's Eldercare Locator at eldercare. acl.gov or call (800) 677-1116.

At your workplace, talk with a member of the human resources staff to find out if you're eligible for unpaid leave under the Family and Medical Leave Act. Also, ask about the availability of an employee assistance program (EAP). EAPs are intended to help employees deal with personal problems—including concerns about aging parents—that might adversely affect their work performance, health, and well-being.

Finally, seek the help of a financial planner. In addition to reviewing whether your parent's resources are sufficient to pay for care, they can help you determine how to balance your own goals with your parent's needs.

Additional Online Resources

- ElderLawAnswers: www.elderlawanswers.com
- National Association for Home Care & Hospice: www.
- My Medicare Matters from the National Council on Aging: www.mymedicarematters.org
- State Health Insurance Assistance Programs: www. shiptacenter.org

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor, or lawyer.



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Architectural Review Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818

Please contact the Director responsible for your street regarding any issues related to Town & River.

Owner	Contact Informa	tion Request
OWITE	Contact innorma	uon nequest

Town & River Civic Association Inc.

P.O. Box 07073

Fort Myers, FL 33919

n.	improved	communications

Please update your contact information.

lame(s):

Town & River Address:

Full Time Resident: ____ Seasonal Resident: ____ My Property is Leased ____

If not full-time, other address, including zip:

Telephone Number(s):

Email Address:

Attention: Members in good standing (paid dues and have no outstanding unresolved violations), who have submitted their contact information, and have agreed to have their contact information published in the online directory, will be issued a password to access the online directory. **An email address is required to access the online directory. EMAIL ADDRESSES WILL NOT BE PUBLISHED IN THE ONLINE DIRECTORY UNLESS YOU GIVE YOUR PERMISSION BELOW.**

Otherwise, the information submitted is for board use only.

If you agree to have your contact information included in a Town & River Directory, accessible by a password, please initial either: _____YES or _____NO

If "YES", please check the information you agree to be included in the Directory:

___Names _____Town & River Address _____Other Address _____Telephone # _____Email Address

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Alliance For The Arts

The Chechens By Phillip Christian Smith Aug. 5 To 7 And 12 To 14 – 7:30 p.m. Aug. 5-2 p.m.

Beautifully written, The Chechens is an intense, funny and vital production. Set in modern day Grozny, the capital of Russia's Chechen Republic, rumors



are going around that "certain people" are being rounded up and held in a camp on the East edge of town. Can one family protect their little brother who may or may not be the next target? Will they turn him in? Will they go so far as to honorkill him? What prevails in the end – religion, politics or love?

This play is the winner of the Janet and Bruce Bunch New Play Contest Award.

This play stars Reuben Garcia, Miguel Cintron, Sharon Isern, Hollis Galman and Madelaine Weymouth.

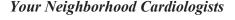
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Crossword Solution from page 2

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we ask that you adhere to signage and procedures posted on our campus. Face masks are required at all times and you are advised to keep 6 feet (2 meters) between you and others. The Alliance has an air purification system that uses ionization and UV light to reduce virus particles, allergens and bacteriophage. We can't wait to see you back at our theatre!

Summer Concert Series

July 7 – Entertainers '60s and '70s

July 21 – Swing Street At The Hop Dance Party

Aug. 4 – Swing Street Rockin' Beach Party

Sept. 1 – Entertainers Summer Closer

Enjoy an indoor concert with your friends as you tap your toes to some fabulous music – in partnership with Naples Big Band. The Naples Big Band entertains the public with dynamic Big Band performances in styles spanning the swing era to the modern day.

Kick off the summer with the music that shaped America! From swing and dixie to country, rock and pop, The Entertainers will

supply the groove ... you bring the moves! Seating for this concert series is firstcome, first-served.

Alliance For The Arts, 10091 McGregor Blvd., Fort Myers, FL 33919, (239) 939-2787, artinlee.org.





Chronic Pain Self-Management Workshops

Learn How To Better Manage Your Chronic Pain

Would you like to learn how to better manage chronic pain conditions such as arthritis, fibromyalgia, back pain, headaches and more?

Lee Health's "It's All About You, Chronic Pain Self-Management Program" is a program offering a research-based chronic pain self-management program for the community. The workshop is free and meets weekly for six weeks.

Information presented in the virtual workshop can help you become empowered to improve your quality of life. Learn how to more easily manage your medications; understand the benefits of exercise: manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of

the book Living a Healthy Life with Chronic Pain.

The sessions will be held on Wednesday beginning July 13, 1 to 3 p.m. (virtual session)

Please call (239) 424-3121 for more information.

About Lee Health

Since the opening of the first hospital in 1916, Lee Health has been a health care leader in Southwest Florida, constantly evolving to meet the needs of the community. A nonprofit, integrated health care services organization, Lee Health is committed to the well-being of every individual served, focused on healthy living and maintaining good health. Staffed by caring people, inspiring health, services are conveniently located throughout the community in four acute care hospitals, two specialty hospitals, outpatient centers, walk-in medical centers, primary care and specialty physician practices and other services across the continuum of care. Learn more at www. LeeHealth.org.







Robert E. Hendry II DMD, PA



13650 Metropolis Avenue Suite 108 Fort Myers, FL 33912 www.AestheticDentalCentre.com

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Creating Beautiful, Healthy Smiles

Catch The Action

July On The Water

By Capt. Bill Russell

This is the month summer weather settles in bringing hot humid days, often with little wind until early afternoon as a sea breeze kicks in, followed with thunderstorms. It's a good month for fishing, especially offshore with additional species in season. Most anglers opt for an early start to take advantage of calm seas, avoiding the mid-afternoon heat and storms.

For those looking to bring home fish dinner, mangrove snapper is the best bet through the summer. No need to make a long run offshore, as snapper are plentiful throughout the inshore and nearshore waters. Look for snapper under docks, bridges, piers, or about any type of structure. Many anglers do very well from shore without the expense of a boat. From a boat fish under deeper mangrove shorelines, oyster bars, sand potholes,



and rock ledges or structure in and near the gulf passes. Mangrove snapper are one of our tastier fish and fight hard for their size and make a great summer target. They are often leader and hook shy; if the water is clear, it's often necessary to lighten the tackle. Inshore, I generally go with 2 feet or more of 12- to 20-pound fluorocarbon leader and a 1/0 circle hook.

Calm summer mornings give good opportunities to run offshore and target grouper and other species. American red snapper season is open in gulf waters for recreational anglers through the month of July for those willing to spend the fuel money for a long run offshore. Gag and red grouper seasons are both open, expect the larger fish to be in deeper water. Seventy feet is a good starting point, but you may need to run well past 100 feet for larger fish. If you run out a little deeper, you may find red snapper and grouper around the same depths. To get updated grouper, snapper, and fishing regulations go to www.myfwc.com or download the Fish Rules app.

Closer in, within sight of land, reefs and wrecks can be productive with everything from snapper to goliath grouper. Anchoring up current of structure with a fresh chum bag is preferred. A variety of baits is a good idea as well as an arsenal of rods rigged and ready for light to heavy action.

Keep an eye open for speedsters such as bonito, Spanish mackerel, and possibly king mackerel harassing bait schools in depths from 20 to 90 feet. Small spoons or Tuna Jets in various colors can bring instant hookups when trolled around feeding activity. Watch for birds and surface commotion to locate the fish. If you have a live well full of baitfish, a little chumming may quickly get the action started. Artificial reefs are a natural attractant for baitfish followed by predators.

Catch and release snook fishing is at its peak through the summer. Large females are up and down the coast surrounded by smaller males as they complete their mating rituals. Possibly the best fishing happens in the surf along the gulf beaches. Snook will swim parallel to the beach, often just a few feet from shore in search of their next meal. This offers great sight fishing possibilities for both conventional and fly anglers.

Sharks are another summertime favorite. Varieties of species both large and small are common catches both inshore and off. While they are a nuisance for some, many anglers target them for their fighting ability. Sharks play an important role in our ecosystem; please make every effort to quickly release them unharmed. Every kid loves to catch a shark of any size. Now is a good time, just make sure and do it safely for both the angler and the shark.

Keep up to date with fishing regulations and seasons in the area you fish, as they change often. You can visit www.myfwc.com for all current state and federal regulations.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www.fishpineisland. com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of Pine Island who has spent his entire life fishing the waters surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."

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Word Scramble Solution from page 2

Swim Bathing suit Sunscreen Towel	Dive Goggles Heat Pool	Splash Float Snorkel
Towel	Pool	Exercise

Sudoku Puzzle Solution from page 2

FEES

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Robert Starr Olivia Starr

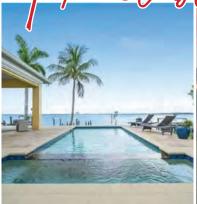
rob.starrteam@gmail.com

olivia.starrteam@gmail.com

Having grown up in a real estate family and obtaining his license in 2016, Robert has rejoined the family team after 5 years of serving his country as a United States Army Ranger. Robert's wife Olivia spent her summers growing up in Southwest Florida, and is happy to have fulfilled her life long dream of making paradise her home.

Robert & Olivia with their area knowledge & commitment to their customers, are the perfect addition to The Starr Family Team. Your #1 Real Estate Family is here to help you with all your real estate needs no matter the size or scope.

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