

# Another Seabreeze Publication I Seabreeze Publication

VOL. 31 NO. 12 www.seabreezecommunications.com

DECEMBER 2022

### **Cruise To Snug Harbor**

A small but enthusiastic group of members from the Town & River Cruise Club met at the Snug Harbor on Sept. 10. It was a sunny, windy day and a brief shower hit boaters as they approached Fort Myers Beach. A guest of Commodore Fred Ford-Smith and his wife Lorraine, Peggy Mitchell, biked to the event. We sat on the open-air deck and as cocktails were served the members had a wonderful time talking about their summer adventures and the upcoming boating season. Eventually, lunch orders were placed and the restaurant served us very well prepared dishes and yummy drinks.

As the group lingered to chat after lunch we had time to select winners for some gifts provided by Cecilia and Edward Bourdon, the hosts of the luncheon. Barbara Reynolds, Lyn Morningstar, Bill Haptonstall, and Ian Fischer were the lucky winners. *Ian's* arrival in our community has caused the club to shelf the original boating schedule but everyone is looking forward to participating

in whatever events we can plan for the rest of this boating season. The November meeting took place at the Lighthouse on Wednesday, Nov. 16 at 11:30 a.m. Unfortunately, we were unable to boat there due to damage caused by the hurricane.



Peggy talks to Bill about her bike ride to the event.



Buddies Fletcher and Rick talked about their summer activites.



Lyn, Pam and Barbara had a great time. Lyn and Barbara were prize winners.



Michelle and Ian cruised to the event. Ian and Bill Haptonstall got prizes too.



Members talked over drinks.



The delicious food was enjoyed by all.



Commodore Fred Ford-Smith and his wife Lorraine greeted the guests.



Club members met for lunch on Sept. 10.



Town & River Cruise Club boats docked at Snug Harbor

# 2023 Town & River Annual Meeting

Thursday, Jan. 19, 2023
Registration, 6:30 p.m.
Call to Order, 7 p.m.
Cypress Lake United Methodist Church
8570 Cypress Lake Drive
Fort Myers, FL 33919
(239) 482-1250

# Town & River Lake Report

**Inspection Date:** Oct. 22 **Inspected For:** 

Algae	OK
Aquatic Weeds	OK
Undesirable Shoreline Vegetation	OK
Water Quality	OK

**Technician's Comments:** Lake inspected for grasses, algae and submersed, none present at this time. No treatment required.





Town & River's board meeting on Oct. 13 did not have the required minimum amount of board members in attendance to create a quorum so no official meeting was held. Present: John Kristobak, Gary Hudson, Martha Smith, Renee Notes, and Sally Stigler.

Corres C. Dirron Morres

PRSRT STD US POSTAGE PAID FT MYERS FL PERMIT 751

### All are encouraged to attend our next Board meeting on Dec. 8!

The Board meets on the second Thursday of each month at 6:30 p.m.

South Pointe South Clubhouse 9734 Foxglove Circle, Fort Myers.

Check out our new website www.townandriverfl.com.

## Montage — Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County.



We meet on the fourth Thursday of each month at The Landings Yacht, Golf, and Tennis Club (community entry off McGregor Boulevard between Cypress Lake Drive and College Parkway). Meetings begin at 11:30 a.m. with a short social period followed by lunch at noon and normally an informative speaker program. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for a luncheon.

Our next meeting will be held on Thursday, Dec. 15 (a week early due to Christmas), and our guest speaker and/or appropriate holiday program is still being finalized. Luncheon fee is \$28 and the planned regular menu will be roasted turkey with gravy, whipped mashed potatoes, stuffing, cranberry sauce, rolls and butter, and chef's choice of both a vegetable and a dessert. The plant-based/vegan option entree will be cauliflower steak with chimichurri sauce, lentil salad and grilled tomato and fresh fruit for dessert. Meeting attendees are encouraged to wear holiday themed apparel, if desired.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. Reservations cutoff to attend this meeting is noon, Thursday, Dec. 8.

### Sudoku Puzzle

1		6		4		= *		
					9			
	3	4		6				
		5				4	2	
	1					6		7
3							1	5
		2			7		3	1
5			1-1	3	4			
			2		6		5	

Sudoku Puzzle Solution on page 7

### **Word Scramble**

#### **Spices And Herbs**

By Ellie Neal

Cliarg Slabi Mnuci
Sloevc Goorean Rendaiorc
Gmetnu Sylprae Reging
Nnnmacoi Kappira Fasrofn

Word Scramble Solution on page 6

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### **Crossword Puzzle**

#### Across

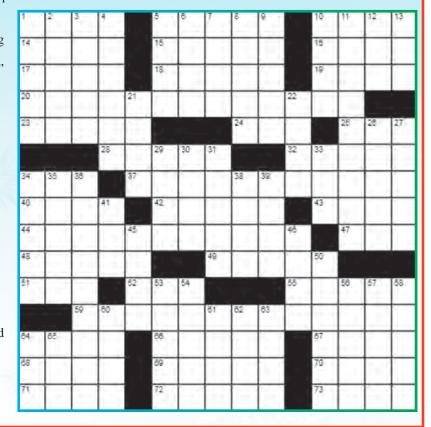
- 1. Money owed
- 5. Tequila servings
- 10. Bed support piece
- 14. Hairstyle sported by the Jackson 5
- 15. Component of many steel guitars
- 16. Heavy volume
- 17. Ocean Spray flavor lead-in
- 18. Scent, generally good
- 19. Windows alternative
- 20. Question posed on the rear of company vehicles
- 23. Eurythmics singer Lennox
- 24. Guitar pioneer Paul
- 25. Seventh Greek letter
- 28. Number-drawing game
- 32. Love Train band
- 34. Not hers
- 37. Question posed by Costello to Abbott
- 40. Eight: Prefix
- 42. First name of a pilot's mom and the bomber he flew
- 43. "To \_\_\_ not...": Shakespeare
- 44. Question posed by a game show's "mystery guests"
- 47. Testing used successfully by the Innocence Project
- 48. Ornamental mat
- 49. Legislate
- 51. NHL star Bobby
- 52. Take-home
- 55. Ancient Brits
- 59. Question posed by a traffic cop to a speeder
- 64. So long, in Salerno
- 66. Boozer
- 67. Gasoline ingredient phased out starting
- in the '70s
- 68. Toy with which you can "walk the dog"
- 69. Paris river
- 70. Make eyes at
- 71. Do some light cleaning
- 72. Kick out
- 73. Close by

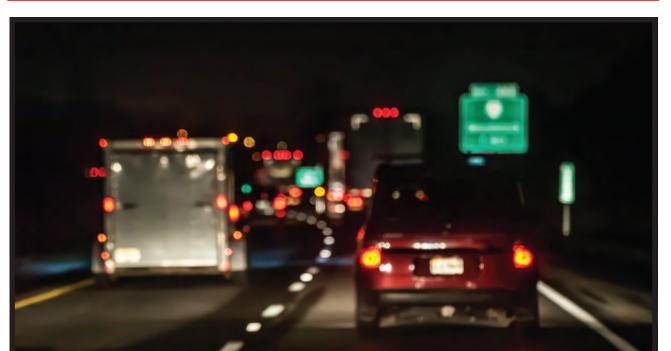
#### Down

- 1. Russian country home
- 2. Actor Zac
- 3. Complement to brains
- 4. Throat part that's often removed
- 5. Fix, at the vet's
- 6. Cow crowd
- 7. Scent, generally not so good
- 8. Sri Lankan language
- 9. Solomon Northup, for 12 years
- 10. Shock11. Type of owl named for the extended
- tufts on its head
- 12. French friend13. Cowboy star Ritter
- 21. Cat sound
- 22. "He \_\_\_ the opinion that..."

- 26. Boxer Mike
- 27. Latin stars
- 29. Not us
- 30. Broadway award
- 31. "\_\_\_ mio'
- 33. Triangular sail
- 34. Quaint greeting
- 35. Blood of the gods
- 36. Alternatives to elevators
- 38. *Thirtysomething* actor Ken
- 39. Grandma
- 41. Falcons, on a scoreboard
- 45. New Year's Eve song title word
- 46. Behold: Latin
- 50. Nonstick surface
- 53. Clear the chalkboard
- 54. Pre-fax electronic communication system
- 56. Feudal vassal
- 57. Beginning of a refrain
- 58. Passover feast
- 60. Owl sound 61. Pass up
- 62. Fork feature
- 62. Command to a s
- 63. Command to a dog
- 64. Dancing partner of Gene and Fred
- 65. Note related to 1 across

#### Crossword Solution on page 6





## Night Driving a Challenge? Might be cataracts.

If you are over age 60 and experiencing changes in your vision, you might have cataracts. Visit Elmquist Eye Group to learn more about how we can help you see like you did 30 years ago.

Call 239-350-4181 or visit elmquist.com to schedule your appointment.



### "I Just Don't Believe That..."

Dear friend,

When I meet people in town, they usually say, "Oh, yeah, I know you, you're that doctor with the beard on TV." Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let's start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder.** She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, "Your only option is to have your shoulder replaced." I remember saying to my mother, "I just don't believe that."

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn't know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother's shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother's frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother's shoulder.

And that's exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It's strange how life is, because that same doctor who showed me how to fix my mother's shoulder opened up his treasure chest of knowledge and showed me how to help people with chronic knee, neck, low back pain and those suffering with neuropathy in their hands and feet, all without the use of Drugs, Surgery or Injections.

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had 'bone on bone' degeneration. His knee stopped unlocking properly, similar to what I'm describing in the photo, and he was facing knee replacement surgery. He was suffering from chronic degenerative knee pain, couldn't walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al's knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, "There's nothing that can be done." She would have to live with the chemo-induced **neuropathy in her hands and feet.** Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, "I just don't believe that."

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce's sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that <u>I don't heal anyone</u> of anything. What I do is perform a specific nonsurgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and helping with tissue healing. For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It's as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current "healthcare" system was built to maintain your condition, not fix it. It's a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

That's where my practice comes in. I have **found** a way so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you'd pay for just the deductible of a joint replacement surgery.

You Benefit from a Unique Offer...When you bring in this article, you will receive a FREE CONSULTATION with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you're being seen for Neuropathy we will take a thermal image of your feet at no charge to you. This will give me enough information to know whether I can help you. Once we determine you're a good candidate and you feel comfortable in my clinic the complete examination is only \$90. That's it, for the entire neurological examination & report of findings. This examination & report could cost you over \$300 elsewhere. But, please call right away because this offer expires on January 31st, 2023, and I don't want you to miss

out. By the way, further care is very affordable and you'll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic can cost as little as \$150 - 300 per month. You see, I'm not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because higher costs can add up very quickly.

"You shouldn't be forced to choose drugs and surgery just because that's the only treatment medicare and your insurance company will cover."

You should know a little about my qualifications. That's important so that there's no misunderstanding about the **quality of care.** I'm a graduate of Life University School of Chiropractic who has been in practice for 24 years. 7 of those years were spent practicing in New York City. I am a licensed chiropractic physician certified in functional neurology, strength & conditioning, regenerative detoxification and I have my diplomate in addictionology. I'm published in leading chiropractic journals and my television program can be viewed daily on NBC-2. I've been entrusted to take care of regular morning walkers and pickleball players to pro-athletes and business tycoons you may have heard of.

My office is called **Active Health Knee & Shoulder** and it is located at 6710 Winkler Road, Suite #1 It's the gray key west style building at the corner of cypress lake drive behind the bank of america. The phone number is **239-482-8686.** Please call my wonderful assistants Becky or Silvia today to make an appointment.

God bless.

-Dr. Robert Davis, DC, CSCS

239-482-8686

**P.S.** When accompanied by the first, I am also offering the second family member this same examination for only \$45.

**P.P.S.** Your time is as valuable to you as mine is to me. That's why I have a "no wait" policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.

Al on my TV program telling his story of how he avoided a total knee replacement surgery.





Joyce is all smiles at her one year checkup. No more neuropathy!

Call Today 239-482-8686

Sponsored Content

Cannot be combined with any other offer. Exp. 1.31.23. The patient and any other person responsible for payment has a right to refuse to pay, cancel payment or be reimbursed for payment for any other service, examination, or treatment that is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee, or reduced fee service, examination or treatment. The specialty recognition identified herein has been received from a private organization not affiliated with or recognized by the Florida Board of Chiropractic Medicine.

### **Have A Safe Holiday**

December is a month of hustle and bustle. And for many of us, it means putting up holiday decorations — both inside and outside. It is also a time when many of us travel to see family members. Here are some "tried and true" safety rules we all need to follow:



#### **Ladder Safety**

We are still in the throes of cleaning up debris left from *Hurricane Ian*. More than 500,000 people fall from ladders yearly in the United States and about 300 die. Most ladder deaths are from falls of 10 feet or less. Over the past decade, the number of people who have died from ladder falls has tripled according to the World Health Organization. So that you're not one of those, here are some helpful hints:

- Choose the right ladder.
- Check for damage before using it.
- Set it up in an open place and on a flat, stable surface.
- Never lean or reach away from the ladder.
- Only take small items up/down the ladder.
- Climb up/down cautiously, always keeping two hands and one foot or two feet and one hand on the ladder.

#### **Common Causes Of Ladder Accidents**

• Missing the last step of the ladder, thus falling before you make contact with the ground.



#### DANIEL BENDETOWICZ, M.D.

BOARD CERTIFIED IN INTERNAL MEDICINE



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- Overreaching when working on a ladder.
- Using the wrong ladder for the job.
- Placing the ladder on soft and/or uneven ground.

#### **Traveling Safely**

Holiday safety is an issue from late November to mid-January when families gather, and parties are scheduled. Here are some basic guidelines to having a safe trip:

- Winterize your car if you are traveling to a colder temperature and/or snow.
  - Prepare an emergency pack.
  - Avoid drowsy driving by getting a good night's sleep.
  - Leave early, planning ahead for heavy traffic.
  - Put your cell phone away to avoid distractions.
- Practice defensive driving keep your eyes on the road and hands on the wheel.
- Make sure everyone in the vehicle is wearing the proper restraint.
- Have a designated driver to ensure everyone gets home safely.

#### **Poisoning Prevention**

Another safety concern during the holidays is poisoning. Be aware of plants that may be poisonous (mistletoe, Boston and English ivy, and holly berries are among them).

### Town & River Civic Association Inc. Balance Sheet As of October 31, 2022

<b>As of October 31, 2022</b>	
,	Oct 31, 22
Assets	
Current Assets	
Checking/Savings	
First Citizens Bank 2580	3,613.21
First Citizens Bank - MMS	82,424.64
PayPal Account	6,953.49
Total Checking/Savings	92,991.34
Other Current Assets	
Prepaid, Lake Expense	4,992.63
Prepaid, Insurance	2,076.82
Prepaid, Other Expense	300.00
Total Other Current Assets	7,369.45
<b>Total Current Assets</b>	100,360.79
Total Assets	100,360.79
Liabilities & Equity	
Equity	
Prior Year Fund Balance	56,180.89
Retained Earnings	28,083.14
Net Income	16,096.76
<b>Total Equity</b>	100,360.79
Total Liabilities & Equity	100,360.79

Be cautious of children or pets getting into someone's prescription medication.

Follow these guidelines and have a happy, safe holiday!

The Lee County Injury Prevention Coalition serves as a collaborative effort or partnership whose function is to facilitate partners' work and act as a catalyst for injury prevention initiatives. Its mission is to prevent injury, disability, and death through advocacy, education, legislation, and partnerships.

Additional information about the Injury Prevention Coalition, ladder safety, safe traveling, or poisoning may be obtained by contacting Brian Raimondo at ipcleecounty@gmail.com or (239) 330-2240.

### Town & River Civic Association Inc. Profit And Loss October 2022

Oct 22 Jan - Oct 22 **Ordinary Income/Expense Income** Income Income - Mandatory 0.00 10,920.00 Income - Voluntary 0.00 26,040.00 **Total Income** 0.0036,960.00 1,250.00 Estoppel Preparation Income 0.00 Interest Income 7.09 47.82 PayPal Cash Bank Bonus 0.00 8.13 Miscellaneous Income 2,702.07 0.00 **Total Income** 40,968.02 7.09 **Expense** Accounting Fees 315.00 3,720.00 35.00 350.00 Bank Fees 3,978.60 Corp Insurance 415.38 **Email Service** 0.00 729.00 162.50 10,065.10 Legal Expense Meeting Rooms 0.00 225.00 119.48 Monument Sign Expense 0.00 Newspaper Postage 152.59 1.474.67 Office Expense 0.00 74.97 PayPal Fees 4.68 273.24 Postage & Delivery 0.00 683.21 Printing & Reproduction 0.00 737.72 State Fee 0.00 61.25 Secretary Expense 0.00 637.50 Storage Expense 119.79 1,197.90 Utilities 0.00 243.62 Website Maintenance 50.00 300.00 **Total Expense** 1,254.94 24,871.26 **Net Ordinary Income** -1,247.85 16,096.76 Net Income -1,247.85 16,096.76





### TOWN & RIVER CIVIC ASSOCIATION, INC. OFFICERS & BOARD OF DIRECTORS - as of June 16, 2022 www.townandriverfl.com

President	Mark Generales	239-676-5676	pres@townandriverfl.com
Vice President Vacant			vp@townandriverfl.com
Secretary	Renee Notes	239-209-2072	secy@townandriverfl.com
Treasurer	Marge Byrne Ann Marie Aeschliman	239-482-8923 239-270-0000	treas@townandriverfl.com

STREET ASSIGNMENTS	DIRECTOR	EMAIL PHONE NUMBER
Bal Isle Dr E Town & River Rd	Tom Aeschliman	dir1@townandriverfl.com 239-822-3275
Brevity Ln N Waterway Dr	Gary Hudson	dir2@townandriverfl.com 239-671-9961
Cal Cove Dr Cape View Dr Hatchee Vista Ln Jennifer Ln	John Kristobak	dir3@townandriverfl.com 724-272-6818
Clarellen Dr Cypress Lake Dr	Marge Byrne	dir4@townandriverfl.com 239-482-8923
Cypress Lake Cr Joanna Cr Sand Spur Ln	Myriam Lentz	dir5@townandriverfl.com 239-225-8533
Deep Lagoon Ln Julie Ann Ct	Ann Marie Aeschliman	dir6@townandriverfl.com 239-270-0000
Erin Marie Ct S. Town & River Dr	Martha Smith	dir7@townandriverfl.com 239-671-6347
McGregor Blvd Wittman Dr	Capt. Craig O'Donnell	dir8@townandriverfl.com 239-872-3313
N. Town & River Dr	Kay Gloris	dir9@townandriverfl.com 239-470-6400
Lake Committee	Renee Notes	secy@townandriverfl.com 239-209-2072
Deeds of Restriction Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818
Architectural Review Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818

Please contact the Director responsible for your street regarding any issues related to Town & River.

#### **NEW OWNER CONTACT INFORMATION REQUEST**

Town & River Civic Association Inc.

P.O. Box 07073

Fort Myers, FL 33919

For improved communications,

Please update your contact information and go on-line to add to T&R Directory

Name(s):

Town & River Address: \_\_\_\_\_

Telephone Number(s):

Email Address: \_\_\_\_\_

Mailing or other address, including zip:

Attention members in good standing, who have submitted their contact information, and have agreed to have their contact information published in the online directory, please go to our Town & River website @ www.townandriverfl.com and "sign up for members only directory".

Otherwise, the information submitted is for board use only.

# GULF HARBOUR YACHT & COUNTRY CLUB



### Where Playing In Paradise Is A Lifestyle

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Unlimited Golf
Reciprocal With 20 + Area Clubs
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Wellness Center & Day Spa
30 + Complimentary Classes Weekly
Pool & Hot Tub
Waterfront Dining
Social Activities & Events
Initiation Fee \$60,000\*
\*Plus a new member capital contribution of \$20,000

\*Plus a new member capital contribution of \$20,00 Pricing subject to current conditions CALL FOR A
PRIVATE TOUR

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#### SPORTS EQUITY MEMBERSHIP

Active Tennis Program
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Unlimited Off-Season Golf
Wellness Center & Day Spa
30 + Complimentary Classes Weekly
Pool & Hot Tub
Waterfront Dining
Social Activities & Events
Initiation Fee \$12,000\*

\*Plus a new member capital contribution of \$20,000 Pricing subject to current conditions

Our 24,000 Sq. Ft. Highly Anticipated Wellness Center Offers: TechnoGym Equipment, Group Cycle, Pilates, TRX, Barre, Circuit Training, Golf Diagnostics, Full Service Spa & More.

GULF HARBOUR YACHT & COUNTRY CLUB IS A FINANCIALLY SOLID EQUITY MEMBER OWNED & OPERATED CLUB

#### **Catch The Action**

#### **December On The Water**

By Capt. Bill Russell

As Southwest Florida attempts to recover from Hurricane Ian, fishing and boating in general has taken a back seat. Everyone in this area was affected one way or another from the catastrophic storm. Coastal areas where the fishing happens took a severe hit. Matlacha, the little community where I live and grew up will never look the

Enough with the bad, fishing will resume, in fact the few anglers I've spoken with report good to great fishing. And it will get better as the water continues to filter and clean up over the coming months. It often takes several

### From The Desk Of Sheriff **Carmine Marceno**

#### **Blind Spots Created By Debris Piles**

Along with the many other difficulties that we are experiencing post-Hurricane Ian, large debris piles are creating blind spots for drivers.



Collections of uprooted

landscape materials, furniture, appliances and other materials have been placed adjacent to roadways, driveways and intersections. The volume, broadness and height of some of these debris piles have made it difficult and/or impossible for drivers to see oncoming vehicles, driveways and, most importantly, pedestrians.

Drivers have reported experiences involving bicyclists, children, pets, etc., entering the roadway from behind debris piles, leaving little time to react to this unexpected road condition. Some smaller intersections have reduced visibility making it more difficult to see oncoming traffic.

Please exercise extreme caution when approaching accumulations of trash and landscaping debris. Anticipate unexpected road conditions, reduce vehicle speed and ensure that you have a clear and unobstructed view of the roadway before proceeding.

An extra moment of caution may make a significant difference.

#### Word Scramble Solution from page 2

Garlic Parsley Cloves Paprika Nutmeg Cumin Cinnamon Coriander Ginger Basil Oregano Saffron

## Happy Holidays

Crossword Solution from page 2



months after a storm of this magnitude for the waters to get to a new normal. Of course, areas will look different, old fishing spots lost and new ones found. Fish are still here, it's just a manner of finding them.

December brings a variety of fishing opportunities including sea trout, redfish, snook, mackerel, snapper, grouper, sheepsheads, and others. Like many we have spent the time since *Ian* repairing our house, cleaning debris, dealing with insurance, and helping others. Our house was damaged, but we are fortunate that we are still living in it. And best of all, our boat suffered very minimal damage and is ready to fish.

Laurie and I would like to thank all our current and past clients who reached out to check on us or offer help. It means more than you know. We are doing well and ready to get back on the water.

For charter information, please contact us at Gulf Coast Guide Service and "Catch the Action" with Capt. Bill Russell, call or text (239) 410-8576, website: www. fishpineisland.com, email: gcl2fish@live.com.

Capt. Bill Russell is a native and lifelong resident of



Pine Island who has spent his entire life fishing the waters

surrounding Pine Island and Southwest Florida. For the past 26 years Bill has been a professional fishing guide who takes pride in customizing each trip to ensure everyone on board has a great time and will return again. Come join us and "Catch the Action."



### McGREGOR DENTAL WANTS YOUR SMILE!

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- Emergencies Always Welcome
  - State of the Art Dentistry

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# Southwest Florida Theaters Impacted By Hurricane Ian

The impact of *Hurricane Ian* hurt Southwest Florida's local performing arts industry. There may be some damage on the outside, but inside The Laboratory Theater, the stage is still standing strong, despite *Ian* and being nearly 100 years old.

The Lab's Artistic Director, Annette Trossbach, is heartbroken over the loss they did have outside of that building. "Two buildings in the back, one is our education building where we do all our kids' camp and sadly that is a complete loss and so is our props and costume building." The ceiling and walls are caving in and conditions worsen by the day.

Just a few blocks away in the heart of Downtown Fort Myers, a similar tragedy for the Florida Repertory Theatre.

Days ago, the entire area was a muddy mess from the storm surge. Crews have been working nonstop to get things cleared out to get one step closer to reopening.

Greg Longenhagen is the Rep's artistic director, but that's not how he got started at the theatre.

"I've been with the theater since it opened in 1998, working the first 15 years as an actor, so I've spent a lot of time backstage here and it is still shocking to look and see."

Despite *Hurricane Ian* destroying much of our Florida theaters, they're still able to perform because the show must go on.

"We had a wonderful offer from the Alliance for the Arts, they said, 'Yes you can use our space, so we are going to be performing there till the 29th."

Since the stage at the Lab is still standing, Trossbach says, they have extended *The Play That Goes Wrong*. "We wanted to give something back to the community just to raise spirits and we know people are dealing with some very serious loss."

People are coming to the theater and laughing for the first time in two weeks.

Trossbach said, "The overwhelming resounding comment that I am hearing from person after person is, 'Oh my gosh I didn't realize my jaw was clenched for the last 11 or 12 days. I didn't realize how stern I had been." It's a community within a community coming together.

"I guess they say when the going gets tough, the tough get going and I think that's what you're witnessing here," said Longenhagen. "I just hope that one day we'll be able to return the favor."

The Laboratory Theater of Florida, www. laboratorytheaterflorida.com, (239) 218-0481.

Florida Repertory Theatre, www.floridarep.org, (239) 332-4488.

Sudoku Puzzle Solution from page 2

1	2	6	7	4	5	3	9	8
7	5	8	3	2	9	1	4	6
9	3	4	1	6	8	5	7	2
6	8	5	9	7	1	4	2	3
2	1	9	4	5	3	6	8	7
3	4	7	6	8	2	9	1	5
4	6	2	5	9	7	8	3	1
5	7	1	8	3	4	2	6	9
8	9	3	2	1	6	7	5	4

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