

## Town & River Cruise Club Social Events

By Cecilia Bourdon

The Town & River Cruise Club's first social event of the 2023/24 boating season took place at Snug Harbor on Saturday, Oct. 14. Summer trips and adventures were discussed with enthusiasm by members attending this event hosted by Lyn Morningstar and Edward and Cecilia Bourdon. Doc Ford's Waterfront Restaurant will be the setting for the next social event on Nov. 15. Sue and Don Sena will be hosting this luncheon. Commodore Debbie Haptonstall and her husband Bill will host the Christmas luncheon to be held on Dec. 9 at Deep Lagoon Restaurant. This event will replace our usual Christmas cocktail and dinner dance party since the condo clubhouse is still undergoing repairs. The Christmas Holiday Boat Parade will take place after this luncheon. We encourage all boaters in our community to decorate their vessels and join in this festive event.

The Town & River Cruise Club was the brainchild of Joe and Helen Fiorillo and was formed with the invaluable help and encouragement of Jack Norman, Keith Johnson, Art Hirtreiter, Dick Padgett and Bill Shorak. The club was organized to bring together residents of Town & River having a common interest



in boating. The club's goals are to promote good boating practices; to utilize the advantages of this area as a yachting and boating center; and to promote cruises and social functions. **Membership in the club is open to all residents of Town & River, whether you have a boat or not.** For additional information or to attend any of the events listed above by boat or car please contact Ken Beebe at (239) 466-1625.

## Town & River Lake Report

Inspection Date: Sept. 21

Inspected For:

Algae	OK
Aquatic Weeds	OK
Undesirable Shoreline Vegetation	OK
Water Quality	OK

Technician's Comments:

Sept. 21: There were no algae or submerged in lake. Grasses were in good condition, will continue to monitor.  
Oct. 11: All aerators were inspected and running well. Both stations running well. Cleaned and verified.



## Board Of Directors Meeting Minutes [Unapproved]

### South Pointe South Clubhouse Thursday, Sept. 14, 2023

**Call To Order** – President Craig O'Donnell  
**Officers, Directors, & Residents Present**

A quorum was established.

Present: President Captain Craig O'Donnell,  
Vice President John Kristobak, Secretary  
Renee Notes, Treasurer Ann Marie Aeschliman,

Directors Tom Aeschliman, George Winn, Kay Gloris

Absent: Martha Smith, Marge Byrne, Myriam Lentz, Mark  
Generales, Gary Hudson, George Winn

**Approval Of Minutes** – May 11, 2023, minutes were approved.

**Treasurer's Report** – Financials were emailed to the Board.

- Outstanding Dues-Three (3) Owners still outstanding in paying mandatory dues

- Draft Letter for mandatory dues
- Motion to approve financials-all in favor

**Deeds Of Restriction/Architectural Review Committee**

- Six (6) Permits came through since May 11, 2023 Town & River Board Meeting

- Four (4) have been processed/handled. Two (2) still outstanding

**Old Business**

- Establish Clear Cut Street Director Procedures for HOA Violations

- Initiate HOA Violation Process by Street Directors/Homeowner compliant through regular review of assigned streets

- Notify Exec Secretary Donna McClung to compose violation letter to the homeowner

- Exec Secretary to send draft violation letter for review by Street Director and Architectural Review Chair

- After review and approval of violation letter, Exec secretary to send via Certified/Return Receipt letter to homeowner in violation of HOA

- Exec Secretary to send copy of violation letter to all members of the Town & River Board of Directors

- Follow up to be conducted by Street Director/Architectural Chair

- If violation not remediated timely Town & River HOA Board of Directors are to gain agreement on next steps with Homeowner in violation

• **Mueller Lawsuit**

- Suit is over and issue resolved

- DeBoast Fees and expenses to be paid by Town & River HOA

• **Honc**

- Serious Issues with job performance by the company discarding old structure's debris into the waterway to pollute and float down canal causing navigational and environmental issues

- Correspondence with HONC through phone calls and letters to address Honc's performance and have gone unattended and ignored

- Suggest strongly worded letter to Honc conducting construction operations in Town & River must adhere to performance requirements of the HOA

- Second point of discussion around HONC is that equipment loading/off-loading is not allowed.

- Notify TRIU regarding the matter.

• **Code Enforcement**

- When notifying/registering with the County (Lee) of code enforcement violation, your name and address of reporting party must be given

• **South Town & River Issue**

- Homeowner pulled a loaded gun on the cable company construction crew.

- Homeowner arrested by police

- Town and River HOA Board and Homeowner's approaching neighbors about HOA violations should use caution and ensure safety

• **Owner Comment Period**

- Cypress Lake and McGregor Call DOT (Department of Transportation) regarding homeowners overgrown vegetation impeding visibility of moving traffic and causing safety issues

- **Real Estate Tax Bill** Homeowners may use the QR Code on Tax Assessment bill to request financial allowance for homes still in a state of depreciated value due to on-going Hurricane Ian repair

- **Sharing Information** Suggested that Town & River HOA Board use Google Docs/sheets to centrally compose & store communications and other documents. This will ensure that when changes are made to eg; Town & River Homeowner directory that it be done in Google Docs/Sheets so that everyone will have the most current information.

- **DeBoast Lawsuit** Bill for fees. Is the Board moving forward? How to proceed?

- Decision by next Meeting Oct 12, 2023

**ADJOURN**

Respectfully,

Donna, Executive Secretary  
Town & River Civic Association

townandriverfl.com

P.O. Box 07073

Fort Myers, FL 33919

## Town & River Business Owners

It's time to show off your business! We are creating a "Welcome Packet" for distribution to all T&R homeowners, plus new neighbors! Please contact Renee Notes at [secy@townandriverfl.com](mailto:secy@townandriverfl.com) to be included and for more information.

**All are encouraged to attend  
our next Board meeting on November 9!**

The Board meets on the second Thursday of each month at 6:30 p.m.

South Pointe South Clubhouse  
9734 Foxglove Circle, Fort Myers.

Check out our new website  
[www.townandriverfl.com](http://www.townandriverfl.com).

# Crossword Puzzle

**Across**

- 1. Chip dip
- 6. Exclamation of contempt
- 11. Dialect
- 12. Someone from Italy
- 15. Consultant's offering
- 16. Be vulturous
- 17. Honey insect
- 18. Joint of a finger
- 20. Grassland
- 21. Farm building
- 23. Heap
- 24. Depression
- 25. Rear end
- 26. Feudal worker
- 27. Platter
- 28. Type of duck
- 29. Permit
- 30. Fastidious
- 31. Exalted
- 34. Prickle
- 36. Local Area Network
- 37. Assistant
- 41. Wife of Zeus
- 42. Color of a clear sky
- 43. Mid-month days
- 44. Small songbird
- 45. Objective
- 46. Heads
- 47. A box for bricks
- 48. Harness-racing horse
- 51. Falsehood
- 52. Get going

- 54. Ledger entries
- 56. Remorseful act
- 57. Surgical dressing
- 58. Avarice
- 59. Implant

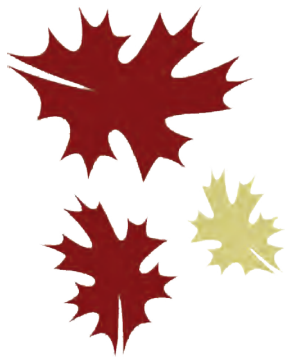
**Down**

- 1. Firearm
- 2. Unfavorable
- 3. Fifty-two in Roman numerals
- 4. Punch
- 5. Ends a prayer
- 6. Predicament
- 7. Not fresh
- 8. Possess
- 9. Beer
- 10. Without a victory
- 13. Bureau
- 14. Tidy
- 15. Old Jewish scholars

- 16. Sparkle
- 19. Discomfit
- 22. Infant
- 24. Scorn
- 26. Distinctive flair
- 27. Expected
- 30. All right
- 32. Chapter in history
- 33. Blame
- 34. Seat of power
- 35. Listening
- 38. Admire excessively
- 39. Charged
- 40. S S S
- 42. Kicked
- 44. Lash
- 45. Simple elegance

- 48. Fork prong
- 49. Border
- 50. Unit of paper
- 53. Driveway surface
- 55. "Buddy"

Crossword solution on page 6



## Word Scramble

### Building Parts

- |           |          |           |
|-----------|----------|-----------|
| Odniww    | Foro     | Odlpyow   |
| Nroodfrtr | Nbteaemb | Kecsrhtoe |
| Afica     | Ctiat    |           |
| Ftiosf    | Sdsut    |           |

Word Scramble Solution on page 6

## Sudoku Puzzle

						6		
	3					5		7
	9			8				2
	8					4		
					3	7		
7								5
9	2	5	3	4				
			2	7				9
7				6		3		

Sudoku Puzzle Solution on page 6

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FORT MYERS  
ALICO RD. OFF I-75  
239-267-4547

MERCATO  
NAPLES • OFF US-41  
239-431-6807



TOWN & RIVER CIVIC ASSOCIATION, INC.  
 OFFICERS & BOARD OF DIRECTORS – as of May 8, 2023  
 www.townandriverfl.com

President	Capt. Craig O'Donnell	239-872-3313	pres@townandriverfl.com
Vice President	John Kristobak	724-272-6818	vp@townandriverfl.com
Secretary	Renee Notes	239-209-2072	secy@townandriverfl.com
Treasurer	Ann Marie Aeschliman	239-270-0000	treas@townandriverfl.com

STREET ASSIGNMENTS	DIRECTOR	EMAIL PHONE NUMBER
Bal Isle Dr E Town & River Rd	Tom Aeschliman	dir1@townandriverfl.com 239-822-3275
Brevity Ln N Waterway Dr	Marge Byrne	dir3@townandriverfl.com 239-482-8923
Cal Cove Dr Cape View Dr Hatchee Vista Ln Jennifer Ln	Gary Hudson	dir2@townandriverfl.com 239-671-9961
Clarellen Dr Cypress Lake Dr	Marge Byrne	dir4@townandriverfl.com 239-482-8923
Cypress Lake Cr Joanna Cr Sand Spur Ln	Myriam Lentz	dir5@townandriverfl.com 239-225-8533
Deep Lagoon Ln Julie Ann Ct	Mark Generales	dir6@townandriverfl.com 239-398-5332
Erin Marie Ct S. Town & River Dr	Martha Smith	dir7@townandriverfl.com 239-671-6347
McGregor Blvd Wittman Dr	George Winn	dir8@townandriverfl.com 239-707-8257
N. Town & River Dr	Kay Gloris	dir9@townandriverfl.com 239-470-6400
Lake Committee	Renee Notes	secy@townandriverfl.com 239-209-2072
Deeds of Restriction Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818
Architectural Review Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818

Please contact the Director responsible for your street regarding any issues related to Town & River.

**NEW OWNER CONTACT INFORMATION REQUEST**

Town & River Civic Association Inc.  
 P.O. Box 07073  
 Fort Myers, FL 33919

For improved communications,

Please update your contact information and go on-line to add to T&R Directory

Name(s): \_\_\_\_\_

Town & River Address: \_\_\_\_\_

Telephone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

Mailing or other address, including zip: \_\_\_\_\_

Attention members in good standing, who have submitted their contact information, and have agreed to have their contact information published in the online directory, please go to our Town & River website @ www.townandriverfl.com and "sign up for members only directory".

Otherwise, the information submitted is for board use only.

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- Social Activities & Events
- Initiation Fee \$12,000\*

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 Pricing subject to current conditions

**Our 24,000 Sq. Ft. Wellness Center Offers:  
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# Do The Right Thing! Sweet!

During the 2021/22 school year, Sheriff Carmine Marceno decided to sweeten the deal for students that have chosen to do the right thing.



Sheriff Marceno dispatched the immensely popular Lee County Sheriff's Office Ice Cream Response Truck (ICRT) to the schools of our monthly Do The Right Thing winners. The ICRT scoops up ice cream for not only each winner, but for 20 to 30 of his or her classmates as well! The ICRT addition to Do The Right Thing has been a staggering success and is further affirmation that Sheriff Marceno is 1,000 percent behind Do The Right Thing.

Do you know a child who deserves to be honored as an outstanding citizen or student for his or her exemplary behavior, good citizenship, positive attitude or willingness to help others?

If so, the Lee County Sheriff's Office encourages you to nominate a child for recognition in our monthly Do the Right Thing program.



Nomination forms are available online at [www.sheriffleefl.org](http://www.sheriffleefl.org). For more information, call Program Director Tony Schall at (239) 258-3215 or email [aschall@sheriffleefl.org](mailto:aschall@sheriffleefl.org).



### Word Scramble Solution from page 2

Window	Basement
Frontdoor	Attic
Facia	Studs
Soffit	Plywood
Roof	Sheetrock

### Crossword Solution from page 2

S	A	L	S	A			P	S	H	A	W			
	I	D	I	O	M		I	T	A	L	I	A	N	
A	D	V	I	C	E		S	C	A	V	E	N	G	E
B	E	E		K	N	U	C	K	L	E		L	E	A
B	A	R	N			P	I	L	E		D	E	N	T
A	R	S	E		E	S	N	E		D	I	S	C	
S	M	E	W		L	E	T		F	U	S	S	Y	
				B	E	A	T	I	F	I	E	D		
	T	H	O	R	N		L	A	N		A	I	D	E
	H	E	R	A		B	L	U	E		I	D	E	S
W	R	E	N		G	O	A	L		N	O	B	S	
H	O	D		T	R	O	T	T	E	R		L	I	E
I	N	I	T	I	A	T	E		D	E	B	I	T	S
P	E	N	A	N	C	E			G	A	U	Z	E	
				G	R	E	E	D		E	M	B	E	D

### Sudoku Puzzle Solution from page 2

1	4	7	5	2	9	8	6	3
2	8	3	4	6	1	5	9	7
5	6	9	7	3	8	4	1	2
3	5	8	6	7	2	9	4	1
6	9	2	1	4	5	3	7	8
7	1	4	8	9	3	6	2	5
9	2	5	3	1	4	7	8	6
4	3	6	2	8	7	1	5	9
8	7	1	9	5	6	2	3	4



DESIGNERS WEEKEND  
*Friday-Monday, December 8-11*  
 Join us for our annual  
 Holiday Celebration.

Featuring Personal Appearance by  
**Laura Bicego** From NANIS  
 and the Sophisticated Designs by

**Oscar Heyman**

Friday & Saturday  
 December 8th & 9th

Followed by the Extraordinary Collections by  
**Robert Procop & David Kord**

Sunday & Monday  
 December 10th & 11th

Take advantage of special Holiday  
 savings throughout the store.  
 Enjoy champagne &  
 light hors d'oeuvres



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# “I Just Don’t Believe That...”

Dear friend,

When I meet people in town, they usually say, “Oh, yeah, I know you, you’re that doctor with the beard on TV.” Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let’s start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, “Your only option is to have your shoulder replaced.” I remember saying to my mother, “**I just don’t believe that.**”

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn’t know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother’s shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother’s frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother’s shoulder.

And that’s exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It’s strange how life is, because that same doctor who showed me how to fix my mother’s shoulder opened up his treasure chest of knowledge and showed me how to help people with **chronic knee, neck, low back pain and those suffering with neuropathy** in their hands and feet, **all without the use of Drugs, Surgery or Injections.**

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had ‘bone on bone’ degeneration. His knee stopped unlocking properly, similar to what I’m describing in the photo, and he was facing knee replacement surgery. He was suffering from **chronic degenerative knee pain**, couldn’t walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al’s knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, “There’s nothing that can be done.” She would have to live with the chemo-induced **neuropathy in her hands and feet**. Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, “**I just don’t believe that.**”

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back.. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce’s sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that ***I don’t heal anyone of anything.*** What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing**. For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It’s as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current “healthcare” system was built to maintain your condition, not fix it. It’s a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

**That’s where my practice comes in.** I have found a way so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you’d pay for just the deductible of a joint replacement surgery.

**You Benefit from a Unique Offer...When you bring in this article, you will receive a FREE CONSULTATION** with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you’re being seen for Neuropathy we will take a thermal image of your feet **at no charge to you.** This will give me enough information to know whether I can help you. Once we determine you’re a good candidate and you feel comfortable in my clinic **the complete examination is only \$197.** That’s it, for the entire neurological examination & report of findings. This examination & report could cost you over \$500 elsewhere. But, please call **right away** because this offer expires on **November 30, 2023**, and I don’t want you to miss

out. By the way, further care is very affordable and you’ll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic **can cost as little as \$300 per month.** You see, I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because **higher costs can add up very quickly.**

**“You shouldn’t be forced to choose drugs and surgery just because that’s the only treatment medicare and your insurance company will cover.”**

You should know a little about my qualifications. That’s important so that there’s no misunderstanding about the **quality of care**, I’m the best-selling author of **Breaking The Cycle** - how to take control of your life when traditional medicine has failed. **An amazon #1 new release in three categories.** I’m a graduate of Life University School of Chiropractic practicing since 1998. I am a licensed chiropractic physician certified in functional neurology. I’ve been entrusted to take care of avid morning walkers, pro-athletes and business tycoons you may have heard of.

My office is called **Active Health Brain & Body** and it is located at 6710 Winkler Road, Suite #1. It’s the gray Key West-style building at the corner of Cypress Lake Drive and Winkler Road behind the Bank of America. The phone number is **239-482-8686**. Please call my wonderful assistants Megan or Silvia today to make an appointment.



I wish you the Very Best in Health and Life!

**Dr. Rob Davis, DC**

**P.S.** When accompanied by the first, I am also offering the second family member this same examination for only **\$97**.

**P.P.S.** Your time is as valuable to you as mine is to me. That’s why I have a “no wait” policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.

Al on my TV program telling his story of how he avoided a total knee replacement surgery.



Joyce is all smiles at her one year checkup. No more neuropathy!

**Call Today 239-482-8686**

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**\$1,485,000**  
**1558 SAND CASTLE RD**  
 Sanibel Island lake & golf views



**\$1,295,000**  
**15911 TROPICAL BREEZE DR**  
 Spacious home with direct Gulf access



**\$1,125,000**  
**11640 COURT OF PALMS 304**  
 Luxury waterfront living



**\$699,000**  
**930 S TOWN AND RIVER DR**  
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**\$469,000**  
**15081 TAMARIND CAY CT 1007**  
 Exquisite updates



**\$179,000**  
**H3 GULF HARBOUR BOAT SLIP**  
 38FT slip with electric

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**TheStarrFamilyTeam.com**  
 15065 McGregor Blvd Fort Myers FL 33908

Your Leader in Southwest Florida Real Estate

**\$122 MILLION**

THE STARR FAMILY TEAM YEAR-TO-DATE SALES VOLUME 2022 & 2023



The *Starr* Family Team

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 508-524-5546    239-218-7309

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*We Invite You*

**2nd Annual Fall Food Drive**  
 in Memory of our company founder John R. Wood

Continuing his legacy of philanthropy, The Starr Family Team is raising funds to help provide a wonderful Thanksgiving for area families and we need your help supporting The Harry Chapin Food Bank.

Please consider a donation direct to Harry Chapin Food Bank at: [HarryChapinFoodBank.org](http://HarryChapinFoodBank.org)  
 Please note on your online donation that it is being made in memory of John R. Wood  
 Or by sending a check to us made out to Harry Chapin Food Bank:  
 Elise Starr / John R Wood Properties 15065 McGregor Blvd Suite 105 Fort Myers, Florida 33908

