

## Town & River Cruise Club

### November Luncheon

By Don and Sue Sena,  
photos by Adrienne Beebe

The Town & River Cruise Club held its second luncheon of the 2023/24 season at Doc Ford's in Fort Myers Beach on Nov. 15 at high noon. Unfortunately, the rains and wind were brisk and none of our members were able to attend by boat. Nevertheless everyone enjoyed a good time socializing before lunch, as this was the first luncheon for many of our snowbird members who had recently arrived. After lunch our Commodore, Deb Haptonstall, passed out a flyer for our next scheduled event. A 50/50 raffle was held and the winner was Fred Ford-Smith. Fred was most generous in giving back nearly all of his winnings to the club. Overall, 23 members and guests enjoyed the great food and good service that Doc Ford's is known for.



Lorraine Ford-Smith and Barb Barrell enjoyed lunch with their spouses.



Pam Simon and Check Williamsen chatted at the table.



Commodore Deb Haptonstall and her husband Bill enjoyed seeing everyone at the lunch.



Don congratulated Ken Beebe on his birthday.

Town & River Cruise Club on page 4

## Board Of Directors Meeting Minutes [Unapproved]

### South Pointe South Clubhouse Thursday, November 8, 2023

**Call To Order** – President Craig O'Donnell Officers, Directors, & Residents Present A quorum was established.

**Present:** President Captain Craig O'Donnell, Vice President John Kristobak, Treasurer Ann Marie Aeschliman, Secretary Renee Notes, Directors Tom Aeschliman, Kay Gloris, Gary Hudson, Martha Smith

**Absent:** Marge Byrne, George Winn, Mark Generales

**Approval Of Minutes** – October 12, 2023 minutes were approved.

**Treasurer's Report** – Financials were emailed to the Board.

- Outstanding Dues – Three (3) Owners still outstanding in paying mandatory dues

- If not paid by Nov 8th, will pursue legal action for collection

- Motion to approve financials – all in favor

**Deeds Of Restriction/Architectural Review Committee**

- 62 Permits issued by Lee County. All Plans/Permits are accounted for

- Five (5) require follow up

- Outside Kitchen being built is not compliant with DOR. On-going discussions regarding DOR and Kitchen with the owner. Will require clarification by T&R Attorney

- Closed Dir 3 DOR violations with exception to 6905 Wittman Dr.

- Send certified return receipt of violation to 6905 Wittman Dr.

**Old Business**

- DOR Communication to establish Jan. 24th as deadline for all non-compliance with DORs as written by T&R Attorney will be executed by:

- Published notice in Town & River monthly newsletter

- Publish on Town & River Web site at www.townandriverfl.com

- Letter by Regular Mail to all Homeowners

- 9830 Cypress Lake Dr. Owner response that all is being done to complete renovations and Arch Chair confirms contractor activity

**New Business**

- Board member resignation requires search for new Director 5

- Would like to get new Board Member approved at annual meeting

- Draft violation Letter for 6905 Wittman Drive to send certified mail.

- Requesting Attorney opinion if noise restrictions are covered by DOR or by Code Enforcement.

- Early Sunday morning lawn and landscape equipment motors. Would like to have a time when it doesn't disrupt neighbors' Sunday sleep.

- New Florida House Bill 919/437 as it relates to Town and River DOR is fully compliant with new laws.

- Annual Meeting set for January 11th, 2024 starting at 6:30 pm.

- Annual Meeting location may need to be moved from Cypress Lake Methodist Church due to on-going Hurricane Ian recovery

**Adjourn**

Respectfully,

Donna McClung, Executive Secretary,

Town & River Civic Association

townandriverfl.com  
P.O. Box 07073  
Fort Myers, FL 33919

## 2024 Town & River Annual Meeting

Thursday, Jan. 11, 2024  
Registration 6:30 p.m.  
Meeting 7 p.m.  
Faith United Methodist  
15690 McGregor Blvd.  
Fort Myers, FL 33908

## Town & River Lake Report

**Inspection Date:** Dec 6, 2023  
**Inspected For:**

Algae	OK
Aquatic Weeds	OK
Undesirable Shoreline Vegetation	OK
Water Quality	OK

**Technician's Comments:**  
Treated light grasses around the perimeter of lake. Water levels were high. Will continue to monitor.




Happy  
New Year!

Town & River News

PRSR STD  
US POSTAGE  
PAID  
FT MYERS FL  
PERMIT 751

**All are encouraged to attend our next Board meeting on January 11!**

The Board meets on the second Thursday of each month at 6:30 p.m.

Board Meeting will be held immediately following 2024 Annual Meeting

Check out our new website  
[www.townandriverfl.com](http://www.townandriverfl.com).

# Melissa Congress Named 2023 Distinguished Volunteer

Philanthropists and volunteers typically go about their good works quietly without expecting anything in return.

However, the Association of Fundraising Professionals Collier-Lee Chapter (AFP) honored deserving local philanthropists and distinguished volunteers, during its National Philanthropy Day Celebration on Tuesday, Nov. 14.

Melissa Congress, Sanibel resident and vice chair of the Charitable Foundation of the Islands (CFI), was recognized as a 2023 Distinguished Volunteer of the Year.

Melissa and her husband Scot lived and worked on Sanibel Island for over 30 years operating Congress Jewelers. Due to *Hurricane Ian*, their business is now located in the Bell Tower Shops. Growing up in a military family, Congress learned the importance of serving her community. She managed to balance raising four involved children on Sanibel, handling merchandising at Congress Jewelers and staying involved in causes important to her and the community.



Congress has served on the boards of the Sanibel School PTA, BIG ARTS, Clinic for the Rehabilitation of Wildlife (CROW), and the Sanibel Community Association. She was also a founding member of Sanibel-Captiva Cares, supporting the Golisano Children's Hospital. Along with being vice chair of CFI, she currently serves on the Board of FISH of Sanibel-Captiva and the Advisory Board for Sanibel's Children's Education Center of the Islands (CECI).

After more than a decade of service with CFI, Congress will end her term as vice chair in December. CFI Board Chair Chip Roach said, "Congress's recognition as the 2023 Distinguished Volunteer truly illustrates the difference she has made on Sanibel, but most especially with CFI."

The mission of the Charitable Foundation of the Islands is to inspire philanthropy, leadership, and collaboration for the vitality of the island community.

## Word Scramble

### Books

By *Ellie Neal*  
Nohteelp  
Riyndiaote

Shuasteur  
Ertпой  
Rotysih  
Tnociif  
Paoigbyrh

Mrouh  
Ntoalidue  
Staanyf  
Rtmyyes  
Svloen

Word Scramble Solution on page 6

## Sudoku Puzzle

2								
		6	8		7			
	5			4	6	7		
	2					4		8
6	8							
1								5
			5				7	3
5			7		8	1		6
		8			2	5		

Sudoku Puzzle Solution on page 6

### Accepting New Clients



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# Crossword Puzzle

**Across**

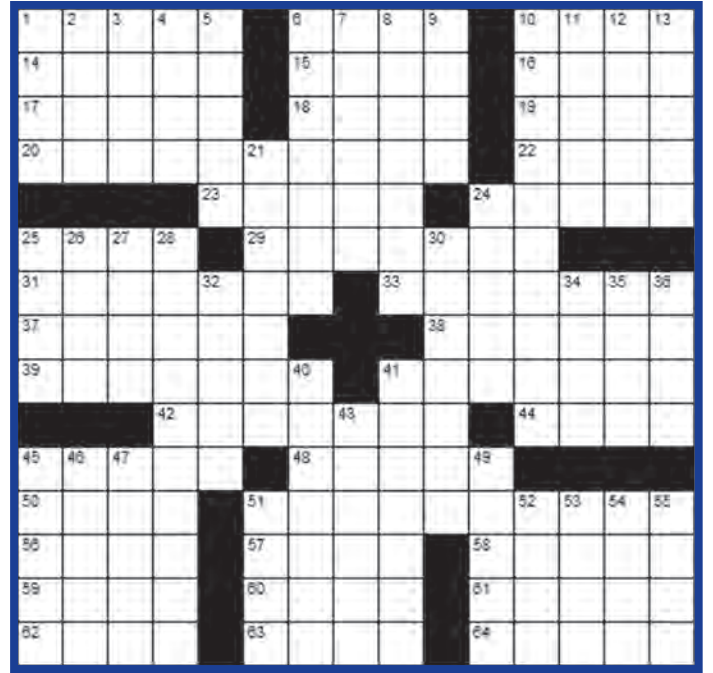
- 1. Reef material
- 6. Cain's brother
- 10. Mimicked
- 14. Love intensely
- 15. Bay
- 16. Blacken
- 17. Large American thrush
- 18. Murres
- 19. Amble
- 20. Stick-shaped roll
- 22. 1 1 1 1
- 23. Exhausted
- 24. Chasm
- 25. Tiger Woods' sport
- 29. Arithmetic
- 31. Nimbleness
- 33. People who owe money



- 37. Modify
- 38. Evening event
- 39. Certain insects
- 41. Per 100
- 42. Fruitful
- 44. Fizzy drink
- 45. Storehouse
- 48. Legislate
- 50. Designed for flight
- 51. Wipe out
- 56. Court order
- 57. "Go away!"
- 58. Grieve
- 59. Pleasant
- 60. Toy with a tail
- 61. Signed
- 62. Sow
- 63. Sleigh

**Down**

- 1. Carbohydrate
- 2. Smell
- 3. After-bath wear
- 4. Diva's solo
- 5. Loans
- 6. With keen perception
- 7. Tedious
- 8. Kicked out
- 9. Fluid escape
- 10. Tumbling
- 11. Fake
- 12. Roof overhangs
- 13. Clothe
- 21. Splash droplets on
- 24. Shady retreat
- 25. Clothes



- 26. Curved molding
- 27. Vermin
- 28. Unprepared
- 30. Beg
- 32. A small island
- 34. Black-and-white cookie
- 35. Rip apart
- 36. Bristle
- 40. Lettering device
- 41. Braided
- 43. Present from birth
- 45. Sunrises
- 46. Spooky
- 47. What something costs
- 49. Shy
- 51. Requests
- 52. Individual
- 53. Arctic birds
- 54. Journey
- 55. Terminates

Crossword Solution on page 6

## Montage Women's Club

The Montage Women's Club is a social and philanthropic club open to all women residing in Lee County.



We meet on the fourth Thursday of each month at The Club at Pelican Preserve, 9802 Pelican Preserve Blvd., Fort Myers 33913 (community entry off Treeline Avenue between Colonial Boulevard and Daniels Parkway).

Activities begin at 10:30 a.m. with a short social period, a business meeting at 11:15 a.m., followed by lunch at noon, and normally an informative speaker program, ending at 2 p.m. Within the organization are various interest groups for members' participation. Membership is open to both year-round and seasonal residents. We welcome you to visit Montage for lunch.

Our next meeting will be held on Thursday, Jan. 25 and our planned program will feature Linda Coin, a design professional with 10 years of experience in residential design here in Southwest Florida. Linda is the Design Director of Decorating Den Interiors and will speak on how to "Love Your Home: Marvelous Makeovers!" Linda also plans to raffle Decorating Den Interior design prizes.

The luncheon fee is \$28 and the planned regular menu will be grilled chicken with tzatziki drizzle, wheat-berry, white bean, spinach and tomato medley along with seasonal vegetables with cannoli for dessert. The plant-based/vegan meal will consist of falafel with vegan tzatziki drizzle, wheat-berry, white bean, spinach and tomato medley, and seasonal vegetables with vegan cannoli for dessert. Fresh rolls and butter are always served.

If you would like to attend a Montage meeting, need further information, or would like to make a reservation, please call Rita Artwohl at (239) 703-7787. The reservation cutoff to attend this meeting is noon, Thursday, Jan. 18.



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*Town & River Cruise Club from page 1*

Town & River Cruise Club membership is open to all residents of Town & River, whether you have a boat or not. Those interested in joining our club, or seeking additional information about the club, should contact Ken Beebe at (239) 466-1625.



**Town & River Cruise Club Membership Application**

Name: \_\_\_\_\_  
 Spouse: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

**BOAT INFORMATION**

Boat Name: \_\_\_\_\_  
 Boat Type and Size: \_\_\_\_\_

Boat example – Name: *Only in America*  
 Boat Type and Size: *Power 30', Beam 10' 6"*

**MEMBERSHIP DUES**

Dues	\$45 / household
Initiation Fee	\$50 / household (included burgee and name tags)

New Members Prorated Dues

Joining between	
April 1 to September 30	\$45
October to December 31	\$30
January 1 to March 30	\$20

Send Application, Dues and Initiation Fee to: Cecilia Bourdon  
 1026 Clarendon Drive  
 Fort Myers, FL 33919

Make checks payable to: Cecilia Bourdon



Don and Sue Sena hosted the event at Doc Ford's.



Tom and Bonnie Lilly recently joined the Cruise Club.



Don Sena presented Fred Ford-Smith with his 50/50 winnings.



Liz and Mike DiBenedetto enjoyed their seafood.



Gayle Sawyer and Ellen Marra enjoyed chatting at the lunch.



Marge and Tom Byrne loved their meal.

# Consumer Alerts

## Military Consumers: The FTC Wants To Hear From You

Recently, the White House announced some initiatives the administration is undertaking to improve the lives of the military and veteran communities. The Federal Trade Commission (FTC) participates in several of these efforts, including the Veteran Scam and Fraud Evasion (VSAFE) task force that's working to help veterans and their families avoid scams and other deceptive practices.

Some of those deceptive practices relate to the car-buying process. Over the past few years, the FTC has highlighted some of the challenges and confusion you might face in buying and financing a car – including figuring out charges for add-on items after the initial price negotiation – that can lead to paying more than you expected.

How does that relate to the military and veteran communities? Well, military consumers' reports to the FTC put auto-related reports in that group's top ten issues (along with identity theft).

Because the FTC is always interested in hearing about the experiences of service members, veterans, and military families, especially when it relates to such a vital purchase, we're asking you to share your story. What has your experience been when buying a vehicle? Tell the FTC at ReportFraud.ftc.gov.

★★★ Servicemembers ★★★

Tell us about your experience with car-buying.



ReportFraud.ftc.gov



## Town & River Business Owners

It's time to show off your business! We are creating a "Welcome Packet" for distribution to all T&R homeowners, plus new neighbors! Please contact Renee Notes at [secy@townandrivernfl.com](mailto:secy@townandrivernfl.com) to be included and for more information.

<b>Town &amp; River Civic Association Inc.</b>	
<b>Balance Sheet</b>	
<b>As of November 30, 2023</b>	
	<u>Nov. 30, 23</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Checking/Savings</b>	
First Citizens Bank 2580	11,661.64
First Citizens Bank - MMS	76,546.51
PayPal Account	2,762.78
<b>Total Checking/Savings</b>	<u>90,970.93</u>
<b>Other Current Assets</b>	
Prepaid, Lake Expense	6,288.42
Prepaid Insurance	2,105.40
Prepaid, Other Expense	150.00
<b>Total Other Current Assets</b>	<u>8,543.82</u>
<b>Total Current Assets</b>	<u>99,514.75</u>
<b>TOTAL ASSETS</b>	<u><b>99,514.75</b></u>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
<b>Other Current Liabilities</b>	
Annual Dues, Advanced	240.00
<b>Total Other Current Liabilities</b>	<u>240.00</u>
<b>Total Current Liabilities</b>	<u>240.00</u>
<b>Total Liabilities</b>	<u>240.00</u>
<b>Equity</b>	
Prior Year Fund Balance	97,337.99
Net Income	1,936.76
<b>Total Equity</b>	<u>99,274.75</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<u><b>99,514.75</b></u>

<b>Town &amp; River Civic Association Inc.</b>		
<b>Profit And Loss</b>		
<b>November 2023</b>		
	<u>Nov 23</u>	<u>Jan-Nov 23</u>
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>Income</b>		
Income - Mandatory	0.00	10,680.00
Income - Voluntary	0.00	22,320.00
<b>Total Income</b>	<u>0.00</u>	<u>33,000.00</u>
Estoppel Preparation Income	0.00	4,250.00
Interest Income	17.60	122.22
Misc. Income	0.00	8.16
<b>Total Income</b>	<u>17.60</u>	<u>37,380.38</u>
<b>Expense</b>		
Accounting Fees	315.00	4,225.00
Bank Fees	35.00	385.00
Corp Insurance	526.40	5,457.28
Email Service	252.75	991.50
<b>General Repairs &amp; Maintenance</b>		
Canal Dredging	0.00	15,000.00
<b>Total General Repairs &amp; Maintenance</b>	<u>0.00</u>	<u>15,000.00</u>
Legal Expense	159.00	1,344.00
Mailing	0.00	749.23
Meeting Rooms	0.00	275.00
Newspaper Postage	157.92	1,722.85
Office Expense	0.00	17.94
PayPal Fees	0.00	291.96
Postage & Delivery	0.00	541.20
Printing & Reproduction	0.00	841.07
Secretary Expense	311.40	1,633.90
Storage Expense	119.79	1,317.69
Website Maintenance	100.00	650.00
<b>Total Expense</b>	<u>1,977.26</u>	<u>35,443.62</u>
<b>Net Ordinary Income</b>	<u>-1,959.66</u>	<u>1,936.76</u>
<b>Net Income</b>	<u><b>-1,959.66</b></u>	<u><b>1,936.76</b></u>

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John Martin, Executive Director

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 OFFICERS & BOARD OF DIRECTORS – as of December 7, 2023  
 www.townandriverfl.com

President	Capt. Craig O'Donnell	239-872-3313	pres@townandriverfl.com
Vice President	John Kristobak	724-272-6818	vp@townandriverfl.com
Secretary	Renee Notes	239-209-2072	secy@townandriverfl.com
Treasurer	Ann Marie Aeschliman	239-270-0000	treas@townandriverfl.com

STREET ASSIGNMENTS	DIRECTOR	EMAIL PHONE NUMBER
Bal Isle Dr E Town & River Rd	Tom Aeschliman	dir1@townandriverfl.com 239-822-3275
Brevity Ln N Waterway Dr	Marge Byrne	dir3@townandriverfl.com 239-482-8923
Cal Cove Dr Cape View Dr Hatchee Vista Ln Jennifer Ln	Gary Hudson	dir2@townandriverfl.com 239-671-9961
Clarellen Dr Cypress Lake Dr	Marge Byrne	dir4@townandriverfl.com 239-482-8923
Cypress Lake Cr Joanna Cr Sand Spur Ln	vacant	dir5@townandriverfl.com
Deep Lagoon Ln Julie Ann Ct	Mark Generales	dir6@townandriverfl.com 239-398-5332
Erin Marie Ct S. Town & River Dr	Martha Smith	dir7@townandriverfl.com 239-671-6347
McGregor Blvd Wittman Dr	George Winn	dir8@townandriverfl.com 239-707-8257
N. Town & River Dr	Kay Gloris	dir9@townandriverfl.com 239-470-6400
Lake Committee	Renee Notes	secy@townandriverfl.com 239-209-2072
Deeds of Restriction Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818
Architectural Review Committee	John Kristobak	archreview@townandriverfl.com 724-272-6818

Please contact the Director responsible for your street regarding any issues related to Town & River.

**NEW OWNER CONTACT INFORMATION REQUEST**

Town & River Civic Association Inc.  
 P.O. Box 07073  
 Fort Myers, FL 33919

For improved communications,

Please update your contact information and go on-line to add to T&R Directory

Name(s): \_\_\_\_\_

Town & River Address: \_\_\_\_\_

Telephone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

Mailing or other address, including zip: \_\_\_\_\_

Attention members in good standing, who have submitted their contact information, and have agreed to have their contact information published in the online directory, please go to our Town & River website @ www.townandriverfl.com and "sign up for members only directory".

Otherwise, the information submitted is for board use only.

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- Waterfront Dining
- Social Activities & Events

Membership contribution \$100,000  
 Pricing subject to current conditions

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- Unlimited Off-Season Golf
- Wellness Center & Day Spa
- 30 + Complimentary Classes Weekly
- Pool & Hot Tub
- Waterfront Dining
- Social Activities & Events

Membership contribution \$52,000  
 Pricing subject to current conditions

**Our 24,000 Sq. Ft. Wellness Center Offers:  
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 Circuit Training, Golf Diagnostics, Full Service Spa & More.**

*GULF HARBOUR YACHT & COUNTRY CLUB IS A FINANCIALLY SOLID EQUITY MEMBER OWNED & OPERATED CLUB*

# The Children's Advocacy Center

## Receives \$190,000 To Create "Level Up Dads" A New Father Mentoring Program

The Children's Advocacy Center of Southwest Florida (CAC) has recently been awarded \$190,000 in state funding for its "Level Up Dads" program. This mentoring initiative aims to strengthen the relationship between children and their father figures.

"We know that our kiddos do best when both mothers and fathers are involved in their lives. However, one in four American children still live in a home without a father figure. This program will go a long way in supporting the role of fathers in our community. We are proud to help get this program off the ground and will continue to fight for our families and children in Florida," said Representative Jenna Persons-Mulicka.

"The CAC is thankful to Florida Governor Ron DeSantis, Florida House Rep. Jenna Persons-Mulicka and Florida Sen. Jonathan Martin for approving \$190,000 in funding for Level Up Dads program," says CAC CEO, Julie Boudreaux. "At the CAC, we continuously seek ways to empower families. By offering fathers support and education, we contribute to a stronger community."

The inspiration for the Level Up Dads program came from John "JJ" Wheeler, CAC's Director of Prevention, who has worked in child welfare for over a decade. Throughout his career, Wheeler encountered numerous men who desired to be more involved in their children's lives but felt lost and lacked confidence. After examining the statistics on children from fatherless households and the challenges they face, Wheeler was motivated to develop a mentorship program.



"I knew that there had to be a way to help men become the best versions of the fathers they hoped to be," says JJ Wheeler.

Level Up Dads pairs fathers and father figures seeking support with experienced mentors known as "Dadvocates." These mentors are confident and comfortable in their role as fathers and are eager to share their knowledge and support. JJ says, "It is the CAC's hope that with the Dadvocates and our organized educational and social events, we can make a significant impact in the lives of fathers, and their children."

For more information on the Children's Advocacy Center and how you can help to support their initiatives or to learn more about volunteering for the Level Up Dads program, please call (239) 939-2808 or consider making a tax-deductible donation at [www.cac-swfl.org](http://www.cac-swfl.org). You can also sign up for their newsletter to stay informed on other upcoming events.

### About Children's Advocacy Center Of Southwest Florida

Since 1981, the Children's Advocacy Center of Southwest Florida Inc. (CAC) has worked to improve the lives of children and their families through a coordinated response to child abuse and neglect, offering them a safe and friendly environment in which to heal. CAC provides abuse determination services, pet therapy, therapeutic counseling, parenting education, advocacy, and prevention programs in Lee, Hendry, Glades, and Charlotte counties. All services are provided free of charge. For more information, please call (239) 939-2808 or visit [cac-swfl.org](http://cac-swfl.org). CAC is a United Way Partner Agency.

### Word Scramble Solution from page 2

- |            |             |
|------------|-------------|
| Telephone  | Biography   |
| Dictionary | Humor       |
| Thesaurus  | Educational |
| Poetry     | Fantasy     |
| History    | Mystery     |
| Fiction    | Novels      |

### Crossword Solution from page 3

C	O	R	A	L		A	B	E	L		A	P	E	D
A	D	O	R	E		C	O	V	E		C	H	A	R
R	O	B	I	N		U	R	I	A		R	O	V	E
B	R	E	A	D	S	T	I	C	K		O	N	E	S
			S	P	E	N	T			A	B	Y	S	S
G	O	L	F		A	L	G	E	B	R	A			
A	G	I	L	I	T	Y		D	E	B	T	O	R	S
R	E	C	A	S	T			S	O	I	R	E	E	
B	E	E	T	L	E	S		P	E	R	C	E	N	T
			F	E	R	T	I	L	E		S	O	D	A
D	E	P	O	T		E	N	A	C	T				
A	E	R	O		A	N	N	I	H	I	L	A	T	E
W	R	I	T		S	C	A	T		M	O	U	R	N
N	I	C	E		K	I	T	E		I	N	K	E	D
S	E	E	D		S	L	E	D		D	E	S	K	S

### Sudoku Puzzle Solution from page 2

2	7	1	3	5	9	6	8	4
4	9	6	8	1	7	2	3	5
8	5	3	2	4	6	7	9	1
3	2	5	9	7	1	4	6	8
6	8	9	4	2	5	3	1	7
1	4	7	6	8	3	9	5	2
9	1	2	5	6	4	8	7	3
5	3	4	7	9	8	1	2	6
7	6	8	1	3	2	5	4	9



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# “I Just Don’t Believe That...”

Dear friend,

When I meet people in town, they usually say, “Oh, yeah, I know you, you’re that doctor with the beard on TV.” Well, perhaps I should tell you a little more about myself, the picture from television and why I use it in my ads.

Let’s start with me, the guy with the beard. Ten years ago I was living here in Florida. At that time my mother was down visiting from New Jersey for the season when she showed up in my clinic with a **frozen shoulder**. She was desperate and in pain having lost practically all use of her dominant arm. She could hardly fix her hair, reach for a coffee cup or even fasten her brassiere. Basic hygiene had become extremely difficult for her. She was afraid, because the two orthopedic surgeons that she had consulted told her, “Your only option is to have your shoulder replaced.” I remember saying to my mother, “**I just don’t believe that.**”

Now at that time I was a chiropractor who worked primarily on the spine. Frankly... I didn’t know how I was going to help her. I just knew there was a non-surgical solution out there and I was going to find it.

And boy did I find it! I found the answer to my mother’s shoulder problem and much, much more. And where did I find it? Of all places, I found it at the birthplace of Elvis Presley, Tupelo, Mississippi. Immediately I hopped on a plane and flew into Memphis, rented a car and drove out to a chiropractic neurologist who was willing to teach me how to fix my mother’s frozen shoulder. I spent three days in his clinic shadowing him, learning a new technique I had never even heard about before. Eager to help my mother, I developed this new skill set quickly. When I returned to Florida I wanted to be able to immediately fix my mother’s shoulder.

And that’s exactly what happened. After I performed the first Non-Surgical Operation on her shoulder, her pain went away significantly and she recovered to nearly full range of motion. She was so happy that she avoided surgery and got her life back.

It’s strange how life is, because that same doctor who showed me how to fix my mother’s shoulder opened up his treasure chest of knowledge and showed me how to help people with **chronic knee, neck, low back pain and those suffering with neuropathy** in their hands and feet, **all without the use of Drugs, Surgery or Injections.**

I spent the next several months flying back and forth to Mississippi learning all that I could.

Many years later we now have over one thousand successful patient testimonials. Many of them were told by their doctors that their only option was to have their knee or shoulder replaced or to take toxic drugs for the rest of their lives to mask their neuropathy symptoms.

Al was one of those patients who was told he had **‘bone on bone’** degeneration. His knee stopped unlocking properly, similar to what I’m describing in the photo, and he was facing knee replacement surgery. He was suffering from **chronic degenerative knee pain**, couldn’t walk properly and was easily holding onto 60 pounds of excess body weight. His doctors would have eagerly scheduled him for a knee replacement surgery had he decided to go in that direction.

Immediately after the Non-Surgical Operation I performed on Al’s knee, he was squatting and walking up and down the stairs normally without pain.

Al is now in his early 70s touring Alaska in his RV. He has dropped over 60 pounds and is biking 15 - 20 miles per day and loving life. He regularly sends me great pictures from his adventures.

Joyce was told by her oncologist, “There’s nothing that can be done.” She would have to live with the chemo-induced **neuropathy in her hands and feet**. Hot and cold were indistinguishable and the numbness and tingling made it impossible for her to walk any distance.

Joyce was a cancer survivor only to have come out on the other side with another debilitating condition. She and her husband showed up in my clinic and told me what their medical doctor had said. I told her the same thing I told my mother, “**I just don’t believe that.**”

After a thorough neurological examination and report of findings she trusted me enough to follow my protocols. Within two weeks her numbness and tingling in her feet subsided and the feeling was coming back.. After 12 weeks she was feeling the sand between her toes as she walked along the beach again. At her one year checkup Joyce’s sensory loss had improved over 80% overall to within the normal range... She is all smiles these days!



You should know that ***I don’t heal anyone of anything.*** What I do is perform a specific non-surgical operation that resets the communication between the brain and knee or shoulder, instantly decreasing pain and inflammation, increasing strength and flexibility and **helping with tissue healing.** For our neuropathy patients we have a 4 step, proven approach that heals your nerves and reverses your symptoms. We get tremendous results. It’s as simple as that! We get tremendous results. It’s as simple as that!

Today in the United States medical doctors are prescribing more drugs than ever before. These drugs are designed to cover up symptoms as your condition gets worse underneath the surface. The toxicity from the daily use of these chemicals ultimately leads to nasty side-effects and more drugs to treat the new symptoms. The current “healthcare” system was built to maintain your condition, not fix it. It’s a brilliant business model for the pharmaceutical industry and the hospitals, but a horrible strategy to follow if one is looking to age gracefully.

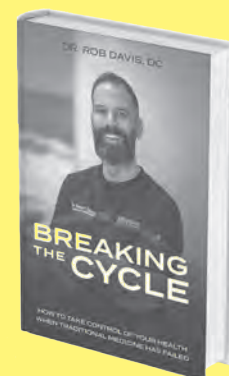
That’s where my practice comes in. I have **found a way** so that more people are able to afford the treatment they need, even those on a fixed income with or without health insurance coverage. One Non-Surgical Operation in my clinic could cost what you’d pay for just the deductible of a joint replacement surgery.

**You Benefit from a Unique Offer...When you bring in this article, you will receive a **FREE CONSULTATION** with me to determine whether you are a good candidate for our Non-Surgical Knee or Shoulder Operation. If you’re being seen for Neuropathy we will take a thermal image of your feet **at no charge to you.** This will give me enough information to know whether I can help you. Once we determine you’re a good candidate and you feel comfortable in my clinic **the complete examination is only \$197.** That’s it, for the entire neurological examination & report of findings. This examination & report could cost you over \$500 elsewhere. But, please**

call **right away** because this offer expires on January 1, 2024, and I don’t want you to miss out. By the way, further care is very affordable and you’ll be happy to know that the non-surgical, drug free therapies and procedures performed in my clinic **can cost as little as \$300 per month.** You see, I’m not trying to seduce you to come see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctor because **higher costs can add up very quickly.**

**“You shouldn’t be forced to choose drugs and surgery just because that’s the only treatment Medicare and your insurance company will cover.”**

You should know a little about my qualifications. That’s important so that there’s no misunderstanding about the quality of care. I’m the best-selling author of **Breaking The Cycle** - how to take control of your life when traditional medicine has failed. **An amazon #1 new release in three categories.** I’m a graduate of Life University School of Chiropractic practicing since 1998. I am a licensed chiropractic physician certified in functional neurology. I’ve been entrusted to take care of avid morning walkers, pro-athletes and business tycoons you may have heard of.



My office is called **Active Health Brain & Body** and it is located at 6710 Winkler Road, Suite #1. It’s the gray Key West-style building at the corner of Cypress Lake Drive and Winkler Road behind the Bank of America. The phone number is **239-482-8686.** Please call my wonderful assistants Megan or Silvia today to make an appointment.

I wish you the Very Best in Health and Life!

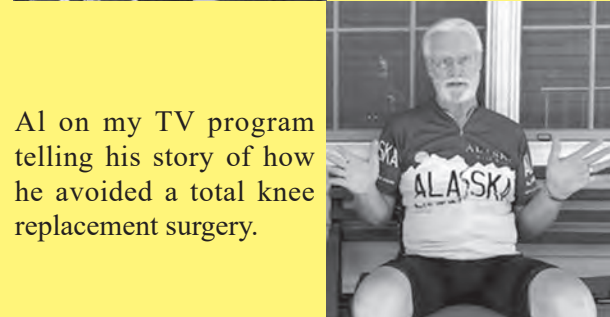
**Dr. Rob Davis, DC**

**P.S.** When accompanied by the first, I am also offering the second family member this same examination for only **\$97.**

**P.P.S.** Your time is as valuable to you as mine is to me. That’s why I have a “no wait” policy. It is highly unusual to wait more than a few minutes in my office.



My mother and I featured in a local publication for non-surgical shoulder solutions.



Al on my TV program telling his story of how he avoided a total knee replacement surgery.



Joyce is all smiles at her one year checkup. No more neuropathy!

**Call Today 239-482-8686**

*Sponsored Content*

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\$2,678,000

**15171 INTRACOASTAL CT FT MYERS**  
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\$539,900

**11120 HARBOUR YACHT CT 22D**  
 A coastal cool redesign inside perfectly enhances the lake & golf course views from this turnkey condo in Bellavista at Gulf Harbour. Private membership available for separate purchase



\$689,000

**930 S TOWN & DRIVE DR FT MYERS**  
 Beautifully updated lakefront pool home



\$1,295,000

**15911 TROPICAL BREEZE DR FT MYERS**  
 Direct Gulf Access Pool Home



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**1558 SAND CASTLE RD SANIBEL**  
 Lake & Golf Course Views in The Dunes



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 Elegant Waterfront Living



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**38FT BOAT DOCK H-3 GULF HARBOUR**  
 Ownership Open to Anyone



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**6680 DANIEL CT FT MYERS**  
 Exquisite living with Direct Gulf Access



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**14211 FARRAGUT CT FT MYERS**  
 Best View in Admiral's Isle



\$1,799,000

**13881 BLENHEIM TRAIL RD FT MYERS**  
 NEW! Prestigious St. Charles Harbour



\$640,000

**14011 VILLAGE POND DR FT MYERS**  
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**15081 TAMARIND CAY CT 1007 FT MYERS**  
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\$394,000

**14722 OLDE MILLPOND CT FT MYERS**  
 Golf course home with great views



\$369,900

**14265 HILTON HEAD DR FT MYERS**  
 55+ Community of Heritage Cove



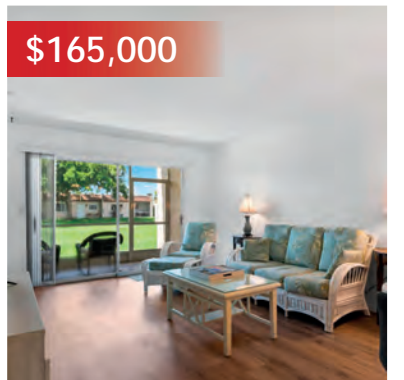
\$369,500

**11270 JACANA CT 2105 FT MYERS**  
 NEW! Gulf Harbour gated living



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**2067 W LAKEVIEW BLVD D10 FT MYERS**  
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TheStarrFamilyTeam.com  
 13121 University Drive Fort Myers Florida 33907

